Register online at western.edu/extendedstudies
Call: 970.943.2885  Fax: 970.943.7068
Email: extendedstudies@western.edu
Register NOW! Many classes fill quickly. Classes may be canceled if minimum enrollment is not met at least three working days before class begins. Register as soon as possible to assure a place in the course(s) you want because they fill up quickly. Registration is recommended for no later than four working days before class. Sorry, no registrations are accepted at classes.

Ways to register:
- Online at western.edu/extendedstudies
- Complete a registration form and bring it in to our office
- Call 970.943.2885
- Fax 970.943.7068
- Email extendedstudies@western.edu
- Mail to: Extended Studies
  303 Taylor Hall
  Gunnison, CO 81231

Ways to pay:
- Cash
- Credit Card, Visa, Discover, or MasterCard. (Must call cashier) 970.943.3003
- Check or money order
- Financial Aid (Credit classes for Western students)

Registration Confirmations
Extended Studies staff will send out email confirmations as reminders of class dates and times. Participants will be notified if there are changes, such as location, time, date, or instructor. If classes are canceled, notification will be made as soon as possible.

Registration and Payment Information
Payment for classes is due with registration. Check or cash payments are accepted with registration. Please call the cashier's office 970.943.3003 to make a payment with a Visa, MasterCard, or Discover card.

Senior Discount
Seniors, ages 62 and older, can register for Extended Studies’ non-credit courses at half price. This discount will be applied at the time of registration and may not be combined with any other discounts. Course fees payable to another agency, materials fees, or courses which involve travel do not qualify for discounts. Western Extended Studies is a part of the Colorado Statewide Extended Campus. State funds were not used to produce this document.

Continuing Education Units (CEUs)
The Continuing Education Unit (CEU) is a nationally recognized method of quantifying the time spent in the classroom during professional development and training activities. Ten hours of instruction = 1.0 CEU. One hour of instruction = 0.1 CEU. CEUs appear on your Western State Colorado University transcript; however, they are not college credits and do not fulfill degree requirements.

Graduate Credit
Some classes are offered for graduate credit (510 level). Students must have a bachelor’s degree to register for graduate credit courses.

Prerequisites
Prerequisites for some classes listed in this brochure are mentioned in the course descriptions. Students who enroll in graduate credit must be within 12 hours of receiving their undergraduate degree or must already have graduated.

Transcript Information
Transcripts for credit courses can be obtained by visiting western.edu/transcripts or calling 970.943.7003.

Undergraduate Credit
Undergraduate credit classes offered through Extended Studies are based on semester credits and have the same academic expectations, including class time, as those offered through resident instruction.

General Information
Cancellations
Extended Studies reserves the right to cancel classes and to make changes when warranted. Participants will be notified if classes are cancelled and will receive a full refund. Checks that are returned for non-payment are assessed a $17 service charge.

Drop a Course
Drops from a course result in a refund if they occur during the time frames specified. The effective drop date is the business day Extended Studies staff receives your request. Non-attendance or non-payment does not constitute a drop. Full refunds are not given after that last day to drop.

Evaluations
Students have an opportunity to evaluate class content and their instructor at the conclusion of the class. Input from students is important, as it helps improve future classes. Evaluations are anonymous.
Immunization Requirement
Students attending Extended Studies classes are not required to be immunized or sign an immunization waiver.

Liability Waivers
Classes which present a degree of risk may require a signature on a waiver of liability. Waivers are distributed at the first class meeting and must be signed.

Photograph Policy
Photos of students and instructors in various classes are often taken to promote Western State Colorado University Extended Studies. Such photos are used in Extended Studies schedules of classes, flyers, and other marketing pieces.

Refund Policy for Withdrawals and Dropping a Course
The following information pertains to Western’s Extended Studies policies and procedures that affect enrollment in Extended Studies courses. It is the student’s responsibility to be familiar with these policies, and unless otherwise specified, they apply to all programs and courses.

Scholarships
Colorado’s Statewide Extended Studies Program has provided some funds for tuition scholarships which may be used for either credit or non-credit classes. To apply for a scholarship, contact: Western Extended Studies, 970.943.2885. Only Colorado residents may apply.

Selective Service Information
Males who are 18 years of age or older, born after 1960, and who are not permanent residents of the Trust Territory of the Pacific Islands or the Northern Mariana Islands MUST be registered with the Selective Service to comply with Colorado law and to register for credit classes. Individuals not in compliance are subject to penalty of law and to withholding of transcripts.

Textbook/Materials
Textbooks and materials needed for classes are listed in the course descriptions.
**Academic Course Considerations**

1. Transcripts. If a student discontinues participation for credit in a course and does not follow the procedure to acquire an official drop/withdrawal, a failing grade will be recorded on the student’s transcript.

2. Financial Aid. All financial aid policies apply to those receiving financial aid. This includes specific federal, state, and college policies regarding refunds and repayments to financial aid programs. Contact Financial Aid at 970.943.3085 for more information.

3. Appeals. An exemption to the drop policy can be requested if a student’s situation was beyond his or her control. Follow the procedures outlined in the Financial Appeal Form and submit to Extended Studies.

**Extended Studies Financial Appeal Process**

Refunds and drops will be granted based on the policies of Western Extended Studies. Students can request an exemption to these policies. Extended Studies will review requests, and exemptions will be granted only if the situation is beyond the control of the student. Extended Studies staff assumes that students have read and understand the drop policy.

The request must be in the following format:

1. The request should be typed in letter format and addressed to Extended Studies. Only written appeals will be considered. It should be clearly stated whether the request is for a refund and/or drop or withdrawal.

2. The letter should be very thorough, giving specific details. Please include dates and times, especially dates of missed class sessions.

3. If requesting an exemption due to medical reasons, documentation must be provided for this exemption.

4. If requesting an exemption due to work-related reasons, please have your immediate supervisor verify in writing, on letterhead from your department, the reasons for which you are requesting an exemption.

A refund request must be submitted at the time of drop or within 10 calendar days. It is important to submit the request as soon as possible. The amount of the refund is determined by the drop policy.

**Drop Refund Deadlines:**

<table>
<thead>
<tr>
<th>Course Duration</th>
<th>Last Day to Drop</th>
<th>Drop Refund Policy</th>
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<tbody>
<tr>
<td>Classes with 5 or more class meetings</td>
<td>Before first class meeting</td>
<td>100% refund</td>
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<td></td>
<td>Before second class meeting</td>
<td>100% refund less $25 fee</td>
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<td></td>
<td>Before 3rd class meeting</td>
<td>50% refund less $25 fee</td>
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<td></td>
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<td>No refund after 3rd class meeting</td>
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<tr>
<td>Weekend courses and courses with 4 or less class meetings</td>
<td>Two weeks prior to the start date of the course</td>
<td>Full Refund</td>
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<td></td>
<td>One week prior to the start date of the course</td>
<td>No refund unless a wait listed student is available.</td>
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</table>

**Withdraw Deadlines:**

<table>
<thead>
<tr>
<th>Course Duration</th>
<th>Last Day to Withdraw</th>
<th>Withdraw Refund Policy</th>
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<tbody>
<tr>
<td>5 weeks or less</td>
<td>Before third class meeting</td>
<td>No refunds. Grade of W recorded</td>
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<tr>
<td>6 weeks or more</td>
<td>Before fifth class meeting</td>
<td>No refunds. Grade of W recorded</td>
</tr>
<tr>
<td>Weekend courses</td>
<td>Day following the conclusion of the course</td>
<td>No refunds. Grade of W recorded</td>
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<tr>
<td>Math 099 or English 099</td>
<td>Before the 14th class meeting</td>
<td>No refunds. Grade of W recorded</td>
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Registration Form

Online registration available at western.edu/es

Name: ___________________________ ___________________________ ___________________________ Western ID ___________________________

Mailing Address: ____________________________________________________________

City, State & Zip: ____________________________________________________________

Phone Numbers: ___________________________ ___________________________ ___________________________ ___________________________

Home Cell Work (or alternate number)

Email Address: ____________________________________________________________ Date of Birth ____ / ____ / _____

How many credits are you currently enrolled in at Western? ______ (if the Extended Studies courses puts you over 18 credits you must complete an overload form)

Gender: ☐ M ☐ F U.S. Citizen: ☐ Yes ☐ No Do you have a bachelor's degree? ☐ Yes ☐ No

If no, have you taken courses towards a degree at Western? ☐ Yes ☐ No

In order to comply with civil rights laws, Western must attempt to collect race/ethnicity information about our students and employees. We invite you to voluntarily self-identify your race/ethnicity below. Refusal to provide this voluntary information will not subject you to any adverse treatment. This information is confidential and used only in compliance with the law.

1) Do you consider yourself to be of Hispanic/Spanish origin or Latino/Latina regardless of race? ☐ Yes ☐ No

2) In addition, if applicable, select one or more of the following racial categories to describe yourself:

☐ American Indian or Alaska Native  ☐ Asian  ☐ Black or African American

☐ Native Hawaiian or other Pacific Islander  ☐ White

How did you hear about the course(s)?  ☐ Mailing  ☐ Picked up schedule  ☐ Web  ☐ Instructor  ☐ Friend  ☐ Gunnison Country Shopper  ☐ Gunnison Country Times  ☐ Crested Butte News

LIST THE COURSES YOU WISH TO ENROLL IN:

<table>
<thead>
<tr>
<th>CRN</th>
<th>Course Title</th>
<th>Fee</th>
<th>Date</th>
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Total Fee

Drop Refund Policy (for details on the refund policy consult the Extended Studies schedule booklet)

Courses which meet weekly – Full refund if dropped by first class meeting, no refunds after 3rd class meeting.
Weekend courses – Full refund if dropped 2 weeks prior to start date. Refunds after this point, contingent upon wait-listed students.
Withdrawals – No refunds for withdrawals. See withdrawal deadlines in the schedule booklet.

Payment: Payment can be made by check or credit card and is due before course begins.

☐ Check (Payable to Western State Colorado University)  ☐ Credit Card (Visa, MasterCard or Discover)

To pay by credit card, call the Cashier's Office at 970.943.3003 or pay in person at Taylor Hall 314.
The office hours for the Cashier's Office are 9:00am - 4:00pm (MST) Monday through Friday.
ADULT CREATIVE CLAY – BEGINNER TO INTERMEDIATE
Lynn Cudlip
38574, NON CREDIT, $130
Date: 1/20/2016 – 2/17/2016
Day: Wednesday
Time: 6:00-9:00pm
Location: Gunnison Arts Center, 102 S Main St, Gunnison
The world of clay is infinite! This class is intended for adults who wish to learn how to work with clay and those who wish to continue with wheel throwing. This creative class allows various beginning and intermediate levels to explore the nature of clay. Explore hand building and wheel throwing as well as an array of glaze colors and kiln firing techniques. Open to all ability and experience levels. All supplies are included. Ages 16 and older.

BEGINNING AND INTERMEDIATE PASTEL
Becky Chappell
38575, NON CREDIT, $160 + $20 Materials Fee
Date: 1/12/2016-2/16/2016
Day: Tuesday
Time: 5:30-7:30pm
Location: The Art Studio of the Center for the Arts, 111 Elk Avenue, Crested Butte
Pastels have been used by artists since the Renaissance. They gained considerable popularity in the 18th century, when a number of notable artists made pastel their primary medium. Pastel is a very unique, immediate and vibrant medium, and this class is for both beginning and intermediate students who are interested in and inspired by inspired by this wonderful medium. Students explore a variety of techniques with pastel, using five different papers/surfaces. A still life is set up and students have the opportunity to complete one or more pastel paintings. Students who have enrolled in this class previously receive instruction on new techniques. Included in the supply fee are a set of 24 soft pastel sticks, five different pastel drawing surfaces, and a variety of pastel tools. As pastel is messy and dusty, latex gloves, masks, and aprons are available.

HENNA: CULTURE AND CREATION WORKSHOP
Christa Wolfe
38576, NON CREDIT, $80
Date: 4/30/2016
Day: Saturday
Time: 9:00am-3:00pm
Location: Gunnison Arts Center, 102 S. Main Street, Gunnison
Learn the history and culture behind the beautiful art of Mehndi (Henna) while also gaining hands-on experience. Mix your own Henna paste safely from powder and learn application techniques to practice at home with the paste you’ve created in class. Students gain a working knowledge of Mehndi techniques, culture and tradition that surround this ancient form of body art. Enjoy a relaxed and empowering studio atmosphere in the Gunnison Arts Center Art Studio. You may even gain a new form of self-expression!

INTRODUCTION TO SILVERSMITHING
Meaghan Young
38577, NON CREDIT, $140 + $45 Materials Fee
Date: 1/7/2016-2/11/2016
Day: Thursday
Time: 5:30-7:30pm
Location: The Art Studio of the Center for the Arts, 111 Elk Avenue, Crested Butte
In this exciting six-week silversmithing course, learn to create a set of five stackable rings from a single foot of round wire, each with their own metal texture. Safely learn to handle a torch and the products and tools necessary for silversmithing so you can work in your own home. Practice making rings with copper wire with final project rings fashioned in sterling silver. Students learn soldering, annealing, chasing, and polishing, and learn to use the following tools to create the finished rings: a torch, ring mandrel, chasing hammers, soldering tools, abrasives, motorized drill and flex shaft. Students also receive a packet including step-by-step instructions from class to continue working at home as well as information on where to purchase tools and metal. This course is for anyone desiring to learn the proper use of a torch and soldering tools at home.

INTRODUCTION TO WOODBLOCK PRINTMAKING
Megan Craver
38578, NON CREDIT, $115 + $45 Materials Fee
Date: 3/1/2016-4/5/2016 (no class on 3/22)
Day: Tuesday
Time: 5:30-7:30pm
Location: The Art Studio of the Center for the Arts, 111 Elk Avenue, Crested Butte
Learn how to make your very own woodcuts! Woodblock printing is a fun way to reproduce your original designs on paper or fabric. Woodcut prints are created by first drawing a reverse image on a block of wood and then carving away the negative space. The raised outlines remaining are then rolled with ink and, using pressure, transferred to paper. During this five-week class, students learn about the origins and process of printmaking while working through various projects, including creating a three color print and printing on a textile of your choosing.
METALWORKING: CREATE A STERLING SILVER NECKLACE OUT OF SHEET METAL
Meaghan Young
38579 (FEB) or 38580 (MAY), NON CREDIT, $65 + $40 Materials Fee
Date: Choose either 2/7/2016 or 5/1/2016
Day: Sunday
Time: 2/7/2016, 1:00-6:00pm or 5/1/2016, 10:00am-3:00pm
Location: The Art Studio of the Center for the Arts, 111 Elk Avenue, Crested Butte
In this hands-on metalworking class, students make their own Sterling Silver Pendant. Learn how to correctly use a jeweler’s saw on sheet metal, transfer a specific design to the metal, pierce and saw out the design, use abrasives to blend the cut metal, polish the finished piece, and then finally attach a chain and beautiful gemstone to wear your necklace home. Students practice cutting with brass sheet metal before diving into their final piece on sterling silver. In addition, students learn to use the following tools: a jeweler’s saw, bench pin, vise, magnifiers, abrasives, motorized drill and flex shaft to create the finished piece. They also receive a packet with step-by-step instructions from class to continue working at home as well as information on where to purchase tools and metal. This class is for anyone wanting to learn how to saw sheet metal into a design for one of a kind or production jewelry work. Choose to purchase and take home all materials and tools from class for an additional fee. Sign up for the February 7th class in time to make a one-of-a-kind gift for someone you love for Valentine’s Day!

OPEN WHEEL THROWING
Laura Elm
Reserve and pay for your session directly with the Art Studio by calling 970.596.5497.
$75 per session, includes clay
Date: 1/8/2016-3/25/2016
Day: Friday
Time: 9:00am-12noon
Location: The Art Studio of the Center for the Arts, 111 Elk Avenue, Crested Butte
Try your hand at throwing on the wheel or brush up your skills. Master Potter Laura Elm has set aside 3-hour sessions weekly throughout the season dedicated to working with students on the wheel. Start your own journey into the joy of clay or continue to the next level with expert guidance. Take one class or several! Space is limited to 3 students per session, so reserve in advance. If Fridays don’t work for you, call The Art Studio to arrange a lesson on another day of the week with Laura. Choose from eleven Fridays throughout the season.

SILVERSMITHING II
Meaghan Young
38582, NON CREDIT, $140 + $50 Materials Fee
Date: 3/10/2016-4/28/2016 (no class on 3/24 or 4/14)
Day: Thursday
Time: 5:30-7:30pm
Location: The Art Studio of the Center for the Arts, 111 Elk Avenue, Crested Butte
In Silversmithing II, learn to design and fabricate a mixed metal ring from wire and sheet metal using the techniques of cutting, sizing, sweat soldering, and bezel setting a stone cabochon. Finish by adding decorative embellishments to each ring with files and a saw. Tools include a torch, saw, soldering station, hammers, and motorized drill and flex shaft. Silversmithing II is for students already comfortable with the use of a torch and basic soldering techniques. Project piece consists of sterling silver, brass enhancements and a semi-precious cabochon stone. Students should bring their own knee-length aprons and hair ties for long hair. No loose clothing, hair, jewelry or anything else!

COLORADO BIRDS OF PREY
Jeffrey J. Ewert
38584, CEU 1, $85
38583, NON CREDIT, $85
Date: 1/25/2016-3/14/2016 (No class 2/15/2016)
Field trips: 2/20/2016 and 3/05/2016
Day: Monday
Time: 7:00-9:00pm
Location: Taylor 100
Students study the anatomy, physiology, morphology, and field identification of major Colorado raptors (Birds of Prey). This includes lectures of key points of major raptor groups: Falcons, Accipiters, Butoes, other occasional species, and some select common owl species. Through both lectures and observations, each student learns to identify raptors, raptor habitat, and niche. Students also learn how to properly record field observations in a field notebook as a part of the class requirements.

INTRODUCTION TO BIRDING
Jeffrey J. Ewert
38586, CEU 1, $85
38585, NON CREDIT, $85
Date: 3/12/2016-4/16/2016 (No class 3/26/2016)
Field trips 4/9 and 4/16
Day: Saturday
Time: 8:30-10:30am (field trips 4/9 and 4/16)
Location: Taylor 100
Required equipment: Binoculars and birding guide (contact instructor at ertdad@aol.com for information). Basic birding enables the new birder to enter the exciting field of birding. This is the first step to starting your life list!
Course includes learning to use field guides to identify species in the field and recording sightings in a professional manner. Topics include basic bird anatomy and taxonomy, use of optics, identification clues in the field, identification of song and call, and creation of a Grinellian birding journal. Two classroom presentations with two local field trips are featured to get you started in the exciting world of birding!

MOUNTAIN WEST FORAGING PLUS MEDICINE MAKING
Briana Rose Wiles
38587, NON CREDIT, $80 + $50 materials fee
Date: 3/30/2016-4/27/2016
Day: Wednesday
Time: 5:30-7:30pm
Location: Taylor 101
Have you ever looked at the plants in the Gunnison Valley and wondered which are edible or could be used for medicine? This class provides the necessary skills to correctly identify some of our local flora for your foraging and wildcrafting endeavors. Learn how to harvest wild plants safely and sustainably. An introduction into western herbalism is provided for a better understanding of using botanicals as medicine.

FDA Disclaimer: These statements and products have not been evaluated by the FDA. They are not intended to diagnose, treat, cure, or prevent any disease or condition. If you have a health concern or condition, consult a physician. Always consult a medical doctor before modifying your diet, using any new product, drug, supplement, or doing any new exercises.

ADVERTISING ON FACEBOOK FOR SMALL BUSINESS OWNERS
Leia Morrison
38589, NON CREDIT, $45
Date: 1/13/2016-1/27/2016
Day: Wednesday
Time: 6:00-7:30pm
Location: Taylor 101
It’s no longer just a “good idea” for most businesses to be on Facebook. With over a billion people actively using Facebook every day, it’s become a go-to component of almost any inbound marketing strategy. Bottom line is IT WORKS. Through what other media channel can your business potentially reach over 1 billion people, target exactly the demographic you’re looking for and allow you as a business to have direct communication with your potential and current customers? Find out how to utilize this very affordable advertising resource in this 3 week hands-on workshop.

BASICS OF EBAY SELLING
Olen Batchelor
38588, NON CREDIT, $45 + $24.95 Materials Fee
Date: 4/19/2016-4/20/2016
Day: Tuesday and Wednesday
Time: 6:00-9:00pm
Location: Taylor 100
Learn to make a supplemental or full-time income from an eBay-trained Certified Education Specialist. This multimedia course includes eBay University’s own training materials and covers selling basics and beyond, including: research, opening and using a PayPal account, improving individual listings with better descriptions and more.

DOING BUSINESS IN CHINA
Paul Gillis
38677, NON CREDIT, $240
Date: 1/11/2016-5/6/2016
Day: Tuesday, Thursday
Time: 9:30-10:45am
Location: Borick 122
Required Textbooks: The 1 Hour China Book and The 1 Hour China Consumer Book by Jeffrey Towson and Jonathan Woetzel.
China has rocketed to the second largest world economy and is likely to remain the largest for most of this century. China simply cannot be ignored. Every business, every consumer, every citizen is touched by a rising China. This course lays out what it takes to successfully do business with a rising China, examining culture, business practices, manufacturing in China, and selling through the Internet.

ENTREPRENEURSHIP FOR ARTISTS AND MUSICIANS
Greg Haynes
38590, NON CREDIT, $45
Date: 2/2/2016-2/23/2016
Day: Tuesday
Time: 7:30-9:00pm
Location: Aspinall Wilson Center, north room
This course is intended to provide artists, musicians, and other creative people with the tools and strategies to develop their passion into a profession. Major topics include understanding contemporary entrepreneurship in the arts, structuring a business, constructing a portfolio, building a website, and promoting artistic work and services to potential clientele. Enrolled students practice presenting their work to others and engage in supportive discussion. This course is taught by a fellow of the Artist INC programs with businesses in music performance and publishing.

FOUNDATIONS OF INVESTING
Steve Ogden
38592, NON CREDIT, $60
Day: Thursday
Time: 6:00-8:30pm
The most common investments used to meet financial goals - what they are and when to use them - are covered in this course that assists individuals and couples in setting and achieving financial goals. Topics include financial goal setting, asset allocation, the markets, stocks, ETFs, bonds, and mutual funds.

**GRANT WRITING**
Maryo Ewell  
38594, CEU 1, $85  
38593, NON CREDIT, $85  
Date: 3/1/2016-3/17/2016  
Day: Tuesday, Thursday  
Time: 6:00-8:00pm  
Location: Taylor 105

Take the mystery out of grant writing! Students are given what they need to prepare an effective grant proposal for a nonprofit organization in this course. Participants learn how to research funding sources, write a proposal, budget, and understand vocabulary common to grant writing.

**LUNCH AND LEARN: FACEBOOK FOR BUSINESS PART 1**
Leia Morrison  
38595, NON CREDIT, $40  
Date: 2/10/2016-2/24/2016  
Day: Wednesday  
Time: 12noon-1:00pm  
Location: Taylor 101

Whether you’re looking to increase awareness about a brand, drive traffic to your brick and mortar storefront, engage on a deeper level within your community or increase online sales, Facebook is an inexpensive and viable option for all business owners. This entry level Lunch and Learn session is best suited for restaurant managers, retailers, event organizers and service providers who have a basic knowledge of Facebook but who are now looking for serious results for driving virtual fans into real life customers. Bring your lunch and settle in for a deeper journey into the world of Facebook for your business.

**LUNCH AND LEARN: FACEBOOK FOR BUSINESS PART 2**
Leia Morrison  
38596, NON CREDIT, $40  
Date: 3/2/2016-3/16/2016  
Day: Wednesday  
Time: 12noon-1:00pm  
Location: Taylor 101

PLANNING THE FESTIVAL: THE GUNNY GRASS WORKSHOP
Drew Murdza  
38597, NON CREDIT, $85  
Date: 1/25/2016-3/7/16 (no class 2/15)  
Day: Monday  
Time: 6:00-7:30pm  
Location: Taylor 101

A hands-on event planning class, participants actually plan the 2016 Gunny Grass Bluegrass festival. All aspects of event planning are covered, from the initial event outline to the final production details. Working individually and in small groups, students explore social media and marketing strategies, compile a print media campaign, and assemble sponsorship materials. Elements of volunteer management, talent relations, and liability issues are discussed. Together, the class builds a cooperative effort connecting private business, nonprofits, government agencies and educational institutions.

**POWER EXCEL - BEGINNER/INTERMEDIATE**
Chris “Smitty” Smith  
38598, NON CREDIT, $150  
Date: 2/8/2016-2/12/2016  
Day: Monday, Wednesday, Friday  
Time: 6:00-9:00pm  
Location: Taylor 205

Whether you use Excel 40 hours a week or just a few hours, do you really know how to unleash the power of Excel? Learn cool secrets and tricks lurking on the Data menu. Learn the ins-and-outs of Tables, Pivot Tables, Pivot Charts and cool data visualization with Dashboards! Create slick charts in a single button click. Add thousands of subtotals in seconds. Don’t be tortured by bad data any longer. Training material is provided. This course is led by one of 25 Microsoft Excel MVPs in the US.

For more information on all Extended Studies Programs
POWER EXCEL ULTIMATE TIPS AND TRICKS – ADVANCED
Chris “Smitty” Smith
38599, NON CREDIT, $150
Date: 3/7/2016-3/11/2016
Day: Monday, Wednesday, Friday
Time: 6:00-9:00pm
Location: Taylor 205
See new features such as Power Pivot, Power Query and Power Map. Learn the art of building efficient formulas like SUMIF(S), VLOOKUP, INDEX/MATCH and more. Time permitting you’ll also be introduced to the world of Excel automation via VBA (Visual Basic for Applications)! Training material is provided. This course is led by one of 25 Microsoft Excel MVPs in the US.

Communication

GETTING PAID TO TALK: AN INTRODUCTION TO PROFESSIONAL VOICE-OVERS
Jenny Marcotte
38600, NON CREDIT, $30
Date: 3/17/2016
Day: Thursday
Time: 6:30-9:00pm
Location: Taylor 100
Have you ever been told that you have a great voice? This exciting class explores numerous aspects of voiceover work for television, film, radio, audio books, documentaries, and the internet. All the basics are covered, including how to prepare the all-important demo, as well as how to be successful and earn great income in this exciting field. Students have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in professional voice acting.

Cooking

COOKING ITALIAN
Karen Immerso
38601, NON CREDIT, $50+ $20 Ingredients Fee
Date: 2/21/2016
Day: Sunday
Time: 2:00-5:00pm
Location: 421 N Taylor Street, Gunnison
Do you enjoy Italian food? Would you like to learn to make homemade pasta, ravioli, manicotti and cannoli…..This class is a hands-on, participatory workshop. Take home some of what we make to put on a gourmet meal with only a few other added items. In addition to the cost of the workshop, participants are contacted via Email and asked to bring a few ingredients as a contribution to the workshop.

COOKING, BAKING, AND PREPARING GLUTEN FREE MEALS AND SNACKS
Beth Coop
38602, NON CREDIT, $100 + $50 Ingredients Fee
Date: 1/21/2016-2/25/2016
Day: Thursday
Time: 6:00-8:00pm
Location: Fred Field Building, community kitchen
Spice up your gluten free diet with a diverse set of ingredients. Find out how to substitute and bake using different flours such as almond, coconut, oat and buckwheat flours. Explore recipes using gluten free grains such as quinoa, millet, amaranth, and barley. Learn to make simple gluten free on-the-go breakfasts or lunches and quick desserts packed with healthy fats and proteins. This will be a hands-on cooking class which includes sampling prepared foods. Participants go home with handouts of all the recipes made in class as well as a list of resources for gluten free eating.

Dance

BEGINNING COUNTRY WESTERN COUPLES DANCE
Rita Bohn and Bob Wojtko
38603, NON CREDIT, $80
Date: 1/25/2016-3/7/2016 (no class 2/15)
Day: Monday
Time: 6:00-7:00pm
Location: Mountaineer Field House Activity Room #1
You can be Country Western dancing at your favorite watering holes and at Cattlemen’s Days after investing only six hours of your time – in yourself. Learn the basics of the Two-Step, Country Waltz and Country Swing. This course provides a strong foundation on which you can build your knowledge of steps and moves.
CLASSIC COUPLES SOCIAL DANCING FOR BEGINNERS
Robert Wojtko and Rita Bohn
38604, NON CREDIT, $80
Date: 1/25/2016-3/7/2016 (no class 2/15)
Day: Monday
Time: 7:30-8:30pm
Location: Mountaineer Field House Activity Room #1
Whether there’s a wedding, reunion or party in your future be ready for it by learning how to dance. Social dancing is always in style and the social skills that come along with it make you feel better and more confident. Invest six hours in yourself. Learn the basics of these classic dances — Waltz, Swing, Foxtrot — and a skill that is a part of you for your entire life.

WEST AFRICAN DANCE
Jennifer Robinson
38605, NON CREDIT, $80
Date: 2/24/2016-4/6/2016 (no class 3/23)
Day: Wednesday
Time: 3:45-5:00pm
Location: Taylor 117
This class explores traditional West African dances and learns to identify several West African rhythms, their places of origin and cultural significance. Students dance to live drumming in a welcoming, fun, high energy environment. Dances may include Sinte, Kassa, Kuku, Yankadi, and Makuru. No previous experience is necessary!

DEPLETION AND ABUNDANCE: HOW TO PROSPER IN THE NEW ECONOMY
Susan Wyman, P.E., P.G.
38606, NON CREDIT, $60
Date: 2/4/2016-3/17/2016
Day: Thursday
Time: 6:45-8:15pm
Location: Taylor 101
Required Textbook: Prosper! By Chris Martenson and Adam Taggart, $18.95 (available at first class)
Current trends of weak economic growth, sky-rocketing debt, declining incomes for the lower 99%, resource limits, peak oil, and ecological devastation may seem overwhelming. However, by focusing on the eight forms of capital (financial, social, intellectual, biological, cultural, material, emotional, and time), students prepare for the new economic realities. This course offers a blueprint for taking control and improving your destiny, by outlining practical, actionable investments of your time and resources to ensure greater prosperity, whatever the future may bring. (Recommended prerequisite: Resilience 101 – Understanding and Preparing for a Post-Oil Economy)

RESILIENCE 101: UNDERSTANDING AND PREPARING FOR A POST-OIL ECONOMY
Susan Wyman, P.E., P.G.
38607, NON CREDIT, $60
Date: 2/2/2016-3/15/2016
Day: Tuesday
Time: 6:45-8:15pm
Location: Taylor 229
This eye-opening course leads participants through the unsustainable trends in the economy, energy, and the environment, by presenting solid facts and grounded reasoning in a calm, positive, non-partisan manner. Using professional online video sessions and lively group discussion, participants develop an understanding of current trends in demographics, credit, monetary policy, consumption, and allocation of natural resources. The next twenty years are projected to be completely unlike the last twenty years, and by understanding the limitations of growth on a finite planet, participants prepare to face the future without fear and develop a personal plan for resiliency in the new economy.

AMERICAN RED CROSS CPR
Tami Maciejko
38649, NON CREDIT, $50
Date: 2/10/2016
Day: Wednesday
Time: 6:30-9:30pm
Location: Gym 132
Comments: Price includes ARC card.
This is American Red Cross CPR for the workplace. Practical skill on Resusci Anne and a written test are included. Students receive a certification from the American Red Cross upon completion of both the written test and skill evaluation. No refunds after February 3, 2016.
AMERICAN RED CROSS FIRST AID
Tami Maciejko
38650, NON CREDIT, $50
Date: 2/17/2016
Day: Wednesday
Time: 6:30-9:30pm
Location: Gym 132
Prerequisites: Must have valid CPR card.
Comments: Price includes ARC card.
This is American Red Cross First Aid for the workplace. If only Adult CPR is needed, participants do not need to complete First Aid. Both written and skill tests are administered. Students receive a certification from the American Red Cross upon completion of both the written test and skill evaluation. **No refunds after February 11, 2016.**

MASSAGE FOR FAMILY AND FRIENDS
Michelle Zanga
38609, NON CREDIT, $60
Date: 4/4/2016-4/18/2016
Day: Monday
Time: 6:15-7:45pm
Location: Take Five Chair Massage, 123 W Tomichi Ave #9, Gunnison
Come learn some simple basic massage techniques to help your friends and family feel better. We focus on the most common areas of complaint - neck, shoulders and back. If time allows, we also learn techniques for the arms, hands, legs, feet and head.

MINDFULNESS MEDITATION
Sherrill Stenson
38610, NON CREDIT, $80
Date: 3/9/2016-4/13/2016 (No class 3/23/2015)
Day: Wednesday
Time: 4:15-5:15pm
Location: Main Street Yoga Studio, 320 ½ N Main Street, Gunnison
Mindfulness Meditation cultivates present moment awareness with acceptance and non-judgement. This insightful meditation skill improves the quality of our inner and outer life, emotions, thoughts, and bodies. Beginners and non-beginners welcome.

MINDFULNESS YOGA
Sherrill Stenson
38611, NON CREDIT, $120
Date: 1/20/2016-2/17/2016 (no class 2/15)
Day: Monday and Wednesday
Time: 5:30-6:45pm
Location: Main Street Yoga Studio, 320 ½ N Main Street, Gunnison
Mindful Yoga is an awareness-based practice in which we are guided to access and develop the natural skills of our mind (such as awareness, attention, and concentration), by attending to the simple but profound experiences of our breath, our body, our thoughts, and our emotions. Through this practice we are better able to access our own wisdom and respond to the challenges of daily life from a place of inner and outer balance and stability.

SUNRISE PRANA FLOW YOGA
Leia Morrison
38613, NON CREDIT, $130
Date: 1/11/2016-3/28/2016
Day: Monday
Time: 7:00-8:00am
Location: The Sanctuary Yoga Studio, 513 South Main Street Suite E, Gunnison
Materials: Yoga mat required. Please bring your own mat. Yoga mats may be purchased at the studio or rented for $3.00 per class. Salute the day with calming energy, stretch the body and wake up the spirit! Leave class feeling refreshed, centered and vibrant for the day. This all-levels yoga flow class emphasizes both a Vinyasa style (yoga sequences connected with the breath) as well as an enduring practice (holding a pose for a longer duration). Students give attention to postural alignment to safely develop strength, endurance, flexibility, balance, and reduce stress. Develop awareness and consciousness in the physical body to help unite body and mind. Class includes asana (physical practice), pranyama (breathing practices), meditation, and deep relaxation. Great for newcomers and experienced yogis alike!

YOGA FOR ATHLETES
Sherrill Stenson
38612, NON CREDIT, $120
Date: 2/22/2016-3/16/2016
Day: Monday and Wednesday
Time: 5:30-6:45pm
Location: Main Street Yoga Studio, 320 ½ N Main Street, Gunnison
Athletes are embracing yoga for its ability to improve performance and reduce injuries. Recovery is an important part of health and wellbeing after any activity. Improve your game by reducing the likelihood of muscle pulls, ligament strains, lower back pain, stiffness and tightness.

ALMUERZO: LUNCH HOUR SPANISH!
Karen Immerso
38614, NON CREDIT, $90
Date: 1/26/2016-3/1/2016
Day: Tuesday
Time: 11:45am-1:00pm
Location: Taylor 105
This six-session class is a RE-introduction to the Spanish language for those who have studied some Spanish or
spoken Spanish but want practice in conversation with other community members. You can bring a bag lunch. Topics are offered that relate to everyday life: work, travel, family and we review grammar and some verb tenses. Some outside reading and writing is encouraged. This is NOT a beginner class. No text required; hand-outs are used. A dictionary is not required but helpful: *University of Chicago Spanish/English Dictionary* available at the Bookworm.

**INTERCAMBIO SPANISH FOR BEGINNERS**
Karen Immerso  
38633, NON CREDIT, $90  
Date: 1/25/2016-3/7/2016 (no class on 2/15)  
Day: Monday and Wednesday  
Time: 7:00-8:15pm  
Location: Taylor 105  
This 12-session class is an introduction to the Spanish language. It introduces students to basic vocabulary and conversation with other adults in an active and fun learning environment. It is designed for the beginner second language learner. The class includes activities, speaking practice and some homework assignments. Opportunities for interaction with native speakers will take place once per week. No text required; hand-outs will be used. A dictionary is not required but helpful: *University of Chicago Spanish/English Dictionary* available at the Bookworm.

**INTERCAMBIO SPANISH SPEAKING REFRESHER**
Karen Immerso  
38634, NON CREDIT, $90  
Date: 1/25/2016-3/7/2016 (no class on 2/15)  
Day: Monday and Wednesday  
Time: 7:00-8:15pm  
Location: Taylor 105  
This 12-session class is for advanced beginner/intermediate Spanish Language Learners interested in reviewing and expanding their vocabulary, gaining a greater understanding of grammar, speaking conversationally with other adults in an active and fun learning environment. The class includes activities, speaking practice and some homework assignments. Opportunities for interaction with native speakers will take place once per week. No text required; hand-outs will be used. A dictionary is not required but helpful: *University of Chicago Spanish/English Dictionary* available at the Bookworm.

**HERBAL COLD AND FLU REMEDIES WORKSHOP**
Brian Wiles  
38675, NON CREDIT, $25 + $15 Materials Fee  
Date: 1/23/2016  
Day: Saturday  
Time: 3:00-6:00pm  
Location: Kelley 118  
Learn to make herbal remedies to treat the cold and flu this winter season. Take home Elderberry Elixir, Fire Cider and Cough Syrup. Gain knowledge to not only help you combat the illnesses but how to try and prevent getting sick in the first place.  
*FDA Disclaimer: These statements and products have not been evaluated by the FDA. They are not intended to diagnose, treat, cure, or prevent any disease or condition. If you have a health concern or condition, consult a physician. Always consult a medical doctor before modifying your diet, using any new product, drug, supplement, or doing any new exercises.*

**TOPICS IN HUMAN NUTRITION**
Kristen Osborn  
38657, CEU 1, $80  
38655, NON CREDIT, $80  
Date: 1/12/2016-2/23/2016  
Day: Tuesday  
Time: 5:00-7:00pm  
Location: Taylor 100  
This class provides an overview of human nutrition. Topics include the role of macronutrients, vitamins, and minerals in health; nutrition and chronic disease development and prevention; obesity and weight management; sports nutrition; and current topics in nutrition. Students use USDA's Supertracker app to compare their diets to recommended intakes. Students research a sports supplement and write a one-page paper and also present a ten-minute power point presentation on research related to a current nutrition topic.

**BASIC WELDING**
Bruce Humphrey  
38615, NON CREDIT, $120 + $20 Materials Fee  
Date: 2/16/2016-3/10/2016  
Days: Tuesday and Thursday  
Time: 6:00-8:00pm  
Location: Gunnison Valley High School  
Non-auto darkening welding hoods and gloves are provided. Class participants learn basic welding practices in MIG, ARC, and Oxy Acetylene welding processes. Individuals who have previously taken the course and wish to continue can sign up for this course and proceed from where they left off.

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Extended Studies is on Facebook  
@Western ExtendedStudies
Music

GUITAR FOR BEGINNERS
Jesse Irons
38616, NON CREDIT, $200
Date: 1/27/2016-3/9/2016
Day: Wednesday
Time: 5:00-6:00pm
Location: TBA
Materials: The Guitar Handbook is highly recommended. Students must provide their own guitar.

Want to learn to play the Guitar? Designed for beginners only, this class starts with the basics and educates students about the history of the guitar and its diverse styles of music. The class smoothly transitions into learning how to play the guitar. Basic music theory principles are taught and students are shown how to apply them to the guitar. Students also learn how to tune the guitar, play chords and get their hands and fingers comfortable with actual guitar playing. Participants also learn strumming patterns, how to read fake sheets, music tablature, and start playing songs.

GUITAR FOR INTERMEDIATE PLAYERS
Jesse Irons
38617, NON CREDIT, $200
Date: 1/27/2016-3/9/2016
Day: Wednesday
Time: 6:30-7:30pm
Location: TBA
Materials: The Guitar Handbook is highly recommended. Students must provide their own guitar.

Can you play a little guitar? Want to learn more? This class helps students progress in that endeavor. Students learn open position chords, key signatures, strumming patterns, barre chords, hammer-on/pull-offs and using a capo. The course then focuses on scales, chord structures (root, 3rd, 5th), major and minor as well as extensions (7th, 9th, etc.). Progressions and theory are discussed. Students must have some previous guitar experience.

INTRODUCTION TO FIDDLING FOR ADULTS
Drew Murdza
38618, NON CREDIT, $200
Date: 1/26/2016-3/15/2016
Day: Tuesday
Time: 7:30-8:30pm
Location: Taylor 200
Required Textbook: The Fiddlers Fakebook (Available at Castle Creek Guitars in Gunnison)
Materials: Students must provide their own violin.

This course is for adults who have at least some violin, viola, or cello experience and want to explore the world of American Vernacular String Music, otherwise known as “fiddling”. While learning old-time, bluegrass, Irish and western fiddle tunes in a group setting, students practice correct bowing, scale knowledge, posture and technique, as well as improvisation and the history of fiddling. Classes focus on developing a repertoire of fiddle tunes, and playing in a “jam circle” setting. Participants need to supply their own instrument. Use of a handheld recording device is highly recommended. A course book and practice guide is provided. Students should have some previous basic instruction on the violin, viola or cello.

WEST AFRICAN DRUMMING
Laine Ludwig
38619, NON CREDIT, $200
Date: 2/24/2016-4/20/2016 (no class 3/23)
Day: Wednesday
Time: 2:00-4:00pm
Location: Taylor 117

This course gives students opportunities to explore the traditions, culture and music of West Africa. Specifically, students learn techniques for playing the drum djembe, and the accompanying drums (dundunba, sangban and kenkeni) collectively called “dununs”. Students learn selected rhythms from a list of over sixty rhythms. Opportunity is provided for students to play the rhythms as accompaniment for traditional West African dance.

AURA BIO-FIELD AND SPINE SOUND BALANCING
Paulette Hansen
38620, NON CREDIT, $50
Date: 1/23/2016
Day: Saturday
Time: 10:00am-4:00pm
Location: Taylor 100

Your holographic brain constantly collects information on your physical and emotional health from its communication pathways and aura biofield. Amazing information is now easily available thru computerized instrumentation and vocal spectrum analysis. This class explores how the human spine with its primary and secondary curves acts like a standing wave and interacts with the aura biofield that contains your memories along with the subtle energy physical body blueprint for self-health organization. A tuning fork “drag, click and drop” method will be demonstrated and practiced to remove outer mental or physical trauma for chakra balancing along with specific spine frequencies. Workshop designed for average person, massage therapist, shaman or energy worker based on instructor’s training in body structural alignment, energy, and human bioacoustic biology. For fun and education, you receive a computer generated vocal personality profile and a muscle/spine health report based on a 30-second voice sample. One hour lunch break 12:30-1:30pm.
BOTANICAL LOVE
Briana Wiles
38676, NON CREDIT, $15 + $15 Materials Fee
Date: 2/10/2016
Day: Wednesday
Time: 5:30-7:30pm
Location: Kelley 118
This fun-loving class is all about herbal aphrodisiacs. We will learn what that means and how herbs can be beneficial to your love life. Make and take home a few love potions and balms to try out on your partner.

BRIDGE FOR BEGINNERS
Gretchen Bunnell
38621, NON CREDIT, $20
Date: 1/26/2016-3/15/2016
Day: Tuesday
Time: 5:00-7:00pm
Location: Crested Butte Community School Library
Required Textbook: *Bridge Basics*, by Audrey Grant, $15 payable to instructor at first class.
Learn to play Bridge! The course is designed to teach students to bid and play Contract Bridge in 8 lessons. Each class includes lecture, discussion, and play. By the end of the course students are comfortable playing both “party” bridge and Duplicate Bridge. Registration Deadline: January 15, 2016.

CONFLICT RESOLUTION
Liz Smith
38622, NON CREDIT, $60
Date: 2/3/2016-2/17/2016
Day: Wednesday
Time: 6:00-8:30pm
Location: Taylor 100
Conflict is a part of our daily life, and often negatively affects our relationships with coworkers, friends, and family. In this course, participants learn how to identify sources of conflict and improve relationships with practical tools and strategies for mediation. This course is open to young adults and older, and should be of interest to anyone who would like to enhance their communication skills and relationships with others.

SELF DEFENSE SEMINAR
Rick Martinez
38651 OR 38652, NON CREDIT, $40
Days: Wednesday, Thursday OR Saturday
Time: 2/3/2016-2/4/2016, 6:00-7:30pm each evening.
3/5/2016, 1:00-4:00pm
Location: Lower Gym
This seminar provides participants with the knowledge and skills to recognize and avoid danger first, and introduces techniques to physically defend themselves with, if necessary. Participants should wear comfortable clothing that will appropriately cover them through dynamic movement (no shorts or tank tops). Participants should not wear jewelry, such as earrings, necklaces, large rings or watches. There is a choice of two dates to register for the Self Defense Seminar.

WOMEN’S SIGHTSEEING AND YOGA RETREAT IN SANTA FE
Leia Morrison and Susan Searle
38624, NON CREDIT, $400
Date: 4/8/2016-4/10/2016
Day: Friday, Saturday, Sunday
Time: Meet at location on Friday, 5:00pm. Depart Sunday, 3:00pm (Travel on your own)
Location: Santa Fe, New Mexico
Join us for a weekend of empowering yoga practice, crystal bowl meditation and sightseeing in beautiful Santa Fe. Explore the famous Santa Fe Farmers Market as well as the historical chapels and basilicas on a self-guided tour of Santa Fe including – Cathedral Basilica of Saint Francis of Assisi, Loretto Chapel, Palace of the Governors and the San Miguel Mission. Weekend group leaders are yoga teachers Susan Searle (Bija Yoga, Colorado Springs) and Leia Morrison (Owner of the Sanctuary Studio, Gunnison). This retreat is a unique opportunity to relax and enjoy the company of other women in a calm and supportive environment conducive to relaxation, rejuvenation and unwinding. This is an ideal holiday to enjoy on your own or bring a friend, relative or partner. The perfect time to restore and recharge your energies and soak up the New Mexico sun. The weather in Santa Fe this time of year is warm and sunny without the intensity of the heat, with average temperatures in the mid-seventies. Accommodations for this retreat will be shared (no private rooms). Tuition for this retreat includes housing, guided meditation & yoga only. Participants are asked to bring their own food for breakfast, lunch and dinner or money for meals when we are out sightseeing. We will “potluck” most meals at house. Transportation to the retreat is not included. More details will be emailed to registrants as we near the date of the retreat. 12 student minimum and 14 student maximum.
Recreation and Outdoor Education

AIARE AVALANCHE COURSE - LEVEL I
Irwin Guides
ROE 297, 1 CREDIT, $125 + $365 course fee payable to Irwin Guides
Days: Friday-Sunday
Time: 8:00am-5:00pm daily
Location: Crested Butte
Students must register for the course with Irwin Guides, 970.349.5430. To register for the additional ROE 297 credit, students must bring confirmation of registration with IG to the Extended Studies Office. Students need backcountry travel set-up and avalanche safety gear for this course. All equipment is available for rent from Wilderness Pursuits.

AIARE AVALANCHE COURSE - LEVEL II
Irwin Guides
ROE 297, 1 CREDIT, $125 + $500 course fee payable to Irwin Guides
Days: Thursday-Sunday
Time: 8:00AM-6:00PM daily
Location: Crested Butte
Students must register for the course with Irwin Guides, 970.349.5430. To register for the additional ROE 297 credit, students must bring confirmation of registration with IG to the Extended Studies Office. Students need backcountry travel set-up and avalanche safety gear for this course. All equipment is available for rent from Wilderness Pursuits.

HUT-BASED SPRING SKI MOUNTAINEERING
Irwin Guides, CRN: 38625
ROE 297, 1 CREDIT, $125 + $700 course fee payable to Irwin Guides
Days: Thursday-Sunday
Time: 7:00am-4:00pm daily
Location: Crested Butte
This course is designed for the advanced backcountry skier/rider who is ready to take their skills to the next level by getting an introduction into the fundamental techniques and mindset needed for ski mountaineering. 3-days/2-nights of this course will be spent in a backcountry hut in order to access more remote skiing terrain. Hut lodging fees and all meals while at the hut are included in the course tuition. Students must register for the course with Irwin Guides, 970.349.5430. To register for the additional ROE 297 credit, students must bring confirmation of registration with IG to the Extended Studies Office.

INTRODUCTION TO FLY FISHING
Jeffrey J. Ewert
38626, NON CREDIT, $75
Date: 3/29/2016-4/19/2016
Day: Tuesday
Time: 6:30-8:30pm
Location: Lower Gym
Materials: Students should bring their own fly rod and reel, some rods are made available.
Learn the basic fundamentals of fly fishing including equipment, rods, rod weights, line types, leaders, tippets, flies, and accessories. Learn the value and application of using waders, polarized sunglasses, vests, etc. Learn the use of all this equipment, including an emphasis on casting instruction, application and types of flies and knots, as well as reading waters for trout with emphasis on presentation to enable the student to begin to fly fish successfully on local waters. This enables the student to practice the art of fly fishing in some of the West’s best fly fishing waters right here in the Gunnison basin!

NATIONAL OUTDOOR LEADERSHIP SCHOOL (NOLS) AND NOLS WILDERNESS MEDICINE INSTITUTE (WMI)
Dates: Varies
Credit available through Western: 1-18 credits depending upon trip length
Visit nols.edu for a list of courses. NOLS takes students of all ages on remote wilderness expeditions and teaches technical outdoor skills, leadership, and environmental ethics. Western State Colorado University works with NOLS to offer college credit for many of their courses. Students must register for their course with NOLS and for college credit through Western Extended Studies. For more information on obtaining college credit, visit western.edu/extendedstudies.

NORDIC AND SKATE SKIING CLINICS
Kelly McBroom
38654, NON CREDIT, $60
Date: 1/20/2016-2/24/2016
Time: 12noon-1:00pm
Day: Wednesday
Location: Various locations in Gunnison (Campus practice fields, Jorgensen Park, Van Tuyl, Hartman’s)
Equipment: XC and skate skis, boots, poles
Join former World Cup alpine skier and Banff, Canada native Kelly McBroom as she leads a cross country ski clinic for those who are interested in an introduction to the techniques of skate skiing as well as classical style skiing. First timers are encouraged to participate as beginner skills are offered through drills and games that focus on the basic principles of Nordic skiing. The objective is to have fun while learning a new set of skills. Participants must have skis, boots and poles. XC equipment available.
for rent from Wilderness Pursuits or Gene Taylor’s Sporting Goods. Skate ski equipment available for rent from the Crested Butte Nordic Center. Participants should wear warm, layered clothing including hats, gloves, and sunglasses. Participants should also bring a small pack carrying 1-2 liters of water, extra layers, snacks, and sun protection.

OUTWARD BOUND
Dates: Varies
ROE 397 CREDIT available through Western Extended Studies: 1-18 credits depending upon trip length. Visit outwardbound.org for a list of outdoor leadership courses for youth through adults that create leaders through adventure and challenge. Western State Colorado University works with Outward Bound to offer college credit for many of their courses. Students must register for their course with Outward Bound and for college credit through Western Extended Studies. For more information on obtaining college credit, visit western.edu/extendedstudies.

SCUBA POOL AND ACADEMICS
Donna Sloan-Adams
38627, NON CREDIT, $250 + Student Kit fee, $80 and PADI DVD fee, $45
Dates: 2/6/2016-2/7/2016
Days: Saturday, Sunday
Time: 8:30am-5:00pm daily
Location: GYM 132 and GYM 17
Required Materials: Students must obtain the PADI Manual and DVD from Extended Studies at least two weeks prior to class. Participants are required to watch the DVD, read the manual and answer the knowledge reviews behind each chapter in writing. This must be completed prior to the class beginning. Students must also fill out a medical form and if they answer yes to any questions will need a doctor’s note before starting the class. Snorkels, mask, and fins can be rented for $20. If registration is from the same family, only one DVD purchase is necessary. NOTE: This is not a certification class. There are Open Water check out dives required for final certification. Additional fees apply.

SEA STATE EDUCATIONAL TRAVEL
Dates: Varies
Credit available through Western: 3-12 special topics credits (BUAD 397, COM 397, POLS 397, HIST 397, ENVS 397, SOC 397) depending upon course. Visit theseastate.com for a complete listing of Sea State courses. Sea State offers study abroad programs that combine unique and dynamic course instruction and community engagement with immersion in coastal communities such as Costa Rica, Spain, Portugal, New Zealand, Bali, Panama and Haiti. Students must register for their course with Sea State and for college credit through Western Extended Studies. For more information on obtaining college credit, visit western.edu/esa

SNOWSHOEING: A WINTER OUTING IN THE WOODS
Karen Immerso
38643, NON CREDIT, $40
Date: 1/23/2016
Day: Saturday
Time: 9:00am-2:00pm
Location: TBA. Van transportation provided. Meet at the University Center parking lot.
This outing is for those who are interested in a walk in the woods in winter with snowshoes as the mode of transportation. First timers are encouraged to participate, as beginner tips will be offered and a gentle pace will be set for the group. Participants can expect to rent or borrow snowshoes, (poles are recommended for balance), wear warm clothing in layers, waterproofed hiking boots or comfortable snow boots are required. Bring water, snacks and sun protection. In new snow, gaiters are recommended. Snowshoes can be rented locally through Wilderness Pursuits, Gene Taylor’s Sporting Goods, or at the Alpiner in Crested Butte.

SPRING SKI MOUNTAINEERING
Irwin Guides
38628, ROE 297, 1 CREDIT, $125 + $550 course fee payable to Irwin Guides
Dates: 4/14/2016-4/17/2016
Days: Thursday-Sunday
Time: 7:00am-4:00pm daily
Location: Crested Butte
This course is designed for the advanced backcountry skier/rider who is ready to take their skills to the next level by getting an introduction into the fundamental techniques and mindset needed for ski mountaineering. Students must register for the course with Irwin Guides, 970.349.5430. To register for the additional ROE 297 credit, students must bring confirmation of registration with IG to the Extended Studies Office.

WILDERNESS FIRST RESPONDER
Wilderness Medicine Institute (WMI) of NOLS Instructor
ROE 397, 3 credits, $165 + plus course fee
Date: 3/19/2016-3/27/2016
Time: 8:00am-5:00pm daily
Location: Gym 17
Prerequisites: Minimum age 18 years old.
Grading: A-F
This WFR course is a 9-day training (over the course of 10 days) that provides intermediate medical skills to individuals working or playing in remote environments. Using a hands-on, scenario-based approach, this course offers the skills and confidence needed to provide medical care when evacuation is hours or days away. The WFR includes short lectures, interactive labs, and realistic practice scenarios that train students to improvise with limited resources in remote environments. For information about this course, visit nols.edu/wmi. Comments: Western students must first register with WMI of NOLS, then through the Extended Studies office. Register online at
nols.edu/wmi, prior to registering for credit with Extended Studies. Bring proof of WMI registration to the Extended Studies Office for us to complete your credit registration.

**WILDERNESS FIRST RESPONDER RECERTIFICATION**

Wilderness Medicine Institute (WMI) of NOLS Instructor

**ROE 397, 1 credit, $55 + plus course fee**


Time: 8:00am-5:00pm daily

Location: Taylor 117

Prerequisites: Minimum age 18 years old.

Grading: A-F

This course may be used to recertify Wilderness Advanced First Aid, Wilderness First Responder and Wilderness EMT (wilderness portion only) certifications. You must possess a current (unexpired) WFR certification of at least 70 hours to recertify through a WFR Recertification course. It is your responsibility to make sure your certification meets this standard. NOLS Wilderness Medicine Institute (WMI) certifications will be afforded a one-year period after expiration within which to recertify. If you are unsure about your eligibility, please contact WMI before enrolling in a course. For information about this course, visit nols.edu/wmi.

Comments: Western students must first register with WMI of NOLS, then through the Extended Studies office. Register online at nols.edu/wmi, prior to registering for credit with Extended Studies. Bring proof of WMI registration to the Extended Studies Office for us to complete your credit registration.

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**MAYA ARCHAEOLOGY FIELD SCHOOL IN BELIZE**

David M. Hyde

**14826, ANTH 197, 4 credits, no prerequisites, $400 (plus full cost of course)**

14827, ANTH 469, 4 credits, must have completed ANTH 107, $400 (plus full cost of course)

14828, NON CREDIT, full cost of course (TBD)

Date: 5/22/2016-6/19/2016

Course Cost: $2,600

This is a 4 credit hour course designed to introduce students to the methods used to collect and analyze archaeological data in a hands-on field setting. The course takes place over the span of four weeks at a remote archaeological field camp in Belize, Central America. Students receive instruction in archaeological excavations, plan mapping/profiling excavation units, and basic field laboratory procedures. In addition, students have the opportunity to learn a great deal about the Prehispanic Maya through lectures and field trips. Course may be taken for credit or not for credit. Contact Extended Studies for registration information.

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**SAN JUAN MINING CAMPS: A HISTORICAL TOUR**

Duane Vandenbusche and Bruce Bartleson

**14840, HIST 397, 3 credits + $375**

14841, HIST 510, 3 graduate credits + $375

14839, NON CREDIT, $375

Date: 6/20/2016-6/24/2016

Cost of Course: $775 – includes travel, lodging, ticket on the Durango-Silverton Railroad and all tours and museums.

A breathtaking tour of the great San Juan mining country with emphasis on Lake City, Silverton, Ouray, Telluride, and Durango. Visit and learn about one of Colorado’s most storied mining regions. Ride on the famous Durango-Silverton narrow gauge railroad, tour the Bachelor-Syracuse mine, and stay at some of the most famous historic hotels in Colorado. Travel over Red Mountain, Owl Creek, Slumgullion, and Ophir Passes, and visit several historic mining museums. The mining frontier, narrow gauge railroads, geography, unique Victorian architecture, geology, and social history is emphasized.

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**STUDIES IN ITALY: FRAME AND LENS**

Don Seastrum and Paul Edwards

**14831, ART 397, 3 credits OR 14832, COM 397, 3 credits, $375 + full cost of course**

14833, ART 397, 6 credits OR 14834, COM 397, 6 credits, $600 + full cost of course

14830, NON CREDIT, $3,300 + $250 housing deposit

Date: 5/19/2016-6/17/2016

Location: Florence, Italy

Cost of Course: $3,300 + $250 housing deposit. Credit registration
Aesthetics is the power of human perception. Two of the basic tools of human perception are the frame and the lens (both literally and figuratively). The morning course provides students with the essential concepts that apply to the significance and various uses of frame and lens. The afternoon courses use Florence and other locations in northern Italy as “classrooms” in which students can apply those concepts through the application of a variety of media, including visual art and writing. The course of study, while particularly relevant to students in the arts and humanities, is beneficial to students of all disciplines.
Summer Teacher Institute

June 6 – 18, 2016

A professional development program for K-12 educators offering graduate credit courses.

Located in beautiful Gunnison, Colorado, the Summer Teacher Institute is an ideal retreat for teachers with a natural laboratory for many courses.

The Summer Teacher Institute offers a variety of content courses designed specifically for K-12 educators who want to enrich their existing curricula. Intensive seminars with qualified instructors immerse participants in their subjects. Opportunities include hands-on, individualized activities, instructional enhancements, and outdoor classrooms. This is a program not to be missed.

western.edu/es