Western State College of Colorado- Wilderness Based Orientation

WBO Required Personal Equipment List
San Juan Mountaineering

Please Bring the Following:

Item:	Quantity:	Type:
Base Layers		
➢ Underwear	4 pairs	Synthetic material for men, cotton for women
➢ Sport Bra	1 each	Women only
➢ Liner Socks	3 pairs	Wool/ silk/ polypropylene etc. (no cotton, optional)
➢ Outer Socks	3 pairs	Heavy wool or polypropylene (no cotton)
➢ Long Underwear	1 top, 1 bottom	Light or medium weight synthetic
➢ Shorts	1 pair	Synthetic quick-drying material preferred
➢ T-shirts	2 each	Cotton OK
Outer Layers		
➢ Rain Jacket	1 each	Must be waterproof. Gore-Tex or similar OK
➢ Rain/wind Pants	1 pair	Heavy weight nylon
➢ Long Pants	1 each	Pile/ wool/ fleece material only (no cotton)
➢ Jacket	1 each	200 or 300 weight pile/ wool/ fleece
➢ Warm Ski Hat	1 each	Pile/Wool
➢ Sun Hat	1 each	Baseball cap, visor or full brim OK
➢ Bandanas	2 each	Standard style. For head gear or wash cloth
➢ Gloves	1 pair	Wool/ pile/ fleece
Footwear		
➢ Boots	1 pair	**Broken-in**, waterproof, leather hiking boots
➢ Sneakers	1 pair	Camp shoes NO SANDALS
Outdoor Gear		
➢ Sleeping bag and pad	1 each	Synthetic bag rated to 10 F. Pad can be ¾ length
➢ Backpack	1 each	Internal frame pack min. 4500 cubic inches
Personal		
➢ Cup, Bowl and Spoon	1 each	Plastic travel style used for all meals
➢ Toiletries	1 each	Basics only. Toothbrush, toothpaste, feminine hygiene.
➢ Sunscreen & lip balm	1 each	15 SPF minimum
➢ Sunglasses	1 each	With leash (croakies)
➢ Water Bottles	2 each	1 liter "Nalgene" or similar durable plastic
➢ Headlamp	1 each	Any style OK
➢ Pocket knife	1 each	Small "Swiss Army" or "Leatherman" styles OK
➢ Prescription Meds	2 each	Bring extra medication if it gets wet or lost
Optional		
➢ Climbing equipment	1 each	Harness, rock shoes, helmet, belay device and 2 locking carabiners

All technical equipment and group gear will be provided by
Wilderness Based Orientation

All WBO programs are DRUG, ALCOHOL & TOBACCO FREE