

Peter Terbush Memorial Outdoor Leadership Summit Single Pitch Course Gear List

Please Bring the Following:

Item:	Quantity:	Type:
Base Layers		
➤ Underwear	3 pairs	Synthetic materials suggested
➤ Socks	3 pairs	Wool or synthetic (no cotton)
➤ Long Underwear	1 top 1 bottom	Light or medium weight synthetic
➤ Shorts	1 pair	Synthetic quick-drying material preferred
➤ Swimsuit	1 suit	May use quick-drying shorts and "jog bra"
➤ T-shirt	2 each	Cotton OK
Outer Layers		
➤ Rain Jacket	1 each	Must be waterproof. Gore-Tex or similar OK
➤ Rain/wind Pants	1 pair	Heavy weight synthetic
➤ Long Pants	1 each	Pile/ wool/ fleece material only (no cotton)
➤ Jacket	1 each	200 or 300 weight pile/ wool/ fleece
➤ Warm Ski Hat	1 each	Pile/Wool
➤ Sun Hat	1 each	Baseball cap, visor or full brim OK
➤ Bandanas	2 each	Standard style. For head gear or wash cloth
➤ Gloves	1 pair	Wool/ pile/ fleece
➤ Leather Gloves	1 pair	For rope work
Footwear		
➤ Approach Shoes	1 pair	Short hike/ approach (enclosed toe)
➤ Camp Shoes	1 pair	Comfortable for around camp
Outdoor Gear		
➤ Sleeping bag and pad	1 each	Rated to 10 F
➤ Backpack	1 each	Suitable for day hikes with climbing gear
➤ Camp Chair	1 each	Crazy Creek or director's chair style OK
Personal		
➤ Cup and spoon	1 each	Plastic travel style used for all meals
➤ Toiletries	1 each	Basics only. <i>Toothbrush, toothpaste, feminine hygiene</i>
➤ Sunscreen & lip balm	1 each	15 SPF minimum
➤ Water Bottles	2 each	1 liter "Nalgene" or similar durable plastic
➤ Headlamp	1 each	Any style OK with extra batteries
➤ Pocket knife	1 each	Small "Swiss Army" or "Leatherman" styles OK
➤ Prescription Meds	2 each	Bring extra medication if it gets wet or lost
➤ Sunglasses	1 each	With Croakies
➤ Clean clothes for the closing banquet and keynote address		

See next page for **technical equipment**:

Single Pitch Technical Equipment List

<u>Quantity</u>	<u>Equipment Description</u>
1	Climbing harness with gear loops
1	Pair climbing shoes – comfortable that can be worn most of the day
1	Climbing helmet
2	20 ft. 7mm cordalette
1	4ft. of 6mm prussik cord
1	ATC belay device with locking carabiner
5	Large locking pear-shaped carabiners
5	Non-locking carabiners
4	Shoulder-length slings (approx.2ft)

Optional but Recommended

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|---|---|
| 1 | GriGri /Cinch /GiGi/Reverso/ATC Guide |
| 1 | Standard Climbing Rack: <ul style="list-style-type: none">• Set of nuts• Set of cams• Set of tri-cams• Hexes |

All group gear and food (1st aid, cooking, shelter etc.) will be provided by WSC