

## Peter Terbush Memorial Outdoor Leadership Summit Mountaineering Course Gear List

### Please Bring the Following:

Item:	Quantity:	Type:
<b>Base Layers</b>		
➤ Underwear	3 pairs	Synthetic materials suggested
➤ Liner Socks	3 pairs	Wool/synthetic (no cotton)
➤ Outer Socks	3 pairs	Wool/synthetic (no cotton)
➤ Long Underwear	1 top 1 bottom	Light or medium weight synthetic
➤ Shorts	1 pair	Synthetic quick-drying material preferred
➤ T-shirt	2 each	Cotton OK
<b>Outer Layers</b>		
➤ Rain Jacket	1 each	Must be waterproof. Gore-Tex or similar OK
➤ Rain/wind Pants	1 pair	Heavy weight synthetic
➤ Long Pants	1 each	Pile/ wool/ fleece material only (no cotton)
➤ Jacket	1 each	200 or 300 weight pile/ wool/ fleece
➤ Warm Ski Hat	1 each	Pile/Wool
➤ Sun Hat	1 each	Baseball cap, visor or full brim OK
➤ Bandanas	2 each	Standard style. For head gear or wash cloth
➤ Gloves	1 pair	Wool/ pile/ fleece
➤ Leather Gloves	1 pair	For rope work
➤ Gaiters	1 pair	Must protect boot cuff from snow and scree
<b>Footwear</b>		
➤ Mountaineering boots	1 pair	Mid-weight, broken-in, crampon compatible
➤ Sneakers	1 pair	Short hike/ camp shoes
<b>Outdoor Gear</b>		
➤ Sleeping bag and pad	1 each	Synthetic bag rated to 10 F.
➤ Backpack	1 each	Must be 4500 cubic inches minimum
➤ Daypack	1 each	Lightweight for summits - must carry ice axe
<b>Personal</b>		
➤ Cup and spoon	1 each	Plastic travel style used for all meals
➤ Toiletries	1 each	Basics only. <i>Toothbrush, toothpaste, feminine hygiene</i>
➤ Sunscreen & lip balm	1 each	15 SPF minimum
➤ Water Bottles	2 each	1 liter "Nalgene" or similar durable plastic
➤ Headlamp	1 each	Any style OK with extra batteries
➤ Pocket knife	1 each	Small "Swiss Army" or "Leatherman" styles OK
➤ Prescription Meds	2 each	Bring extra medication if it gets wet or lost
➤ Sunglasses	1 each	With Croakies
➤ Clean clothes for the closing banquet and keynote address		

See next page for **technical equipment**:

## Mountaineering Technical Equipment List

### Personal Technical Equipment

- |                           |        |                                   |
|---------------------------|--------|-----------------------------------|
| ➤ Climbing Helmet         | 1 each | Must be manufactured for climbing |
| ➤ Climbing Harness        | 1 each | Gear loops preferred              |
| ➤ Prussik cord            | 2 each | 6 ft of 6mm prussick cord         |
| ➤ Coradalette             | 1 each | 30 ft of 7mm cordalette           |
| ➤ Locking Carabineers     | 4 each | Pear shaped carabineers           |
| ➤ Non-locking Carabineers | 4 each | Any type OK                       |
| ➤ Belay Device            | 1 each | ATC or Reverso type OK            |

**\*\*Mark all personal climbing gear clearly\*\***

### Optional Gear (Can be provided by WSC)

- |                          |        |                                              |
|--------------------------|--------|----------------------------------------------|
| ➤ Mountaineering Ice Axe | 1 each | Long handled                                 |
| ➤ Crampons               | 1 pair | Semi-rigid, compatible with mid-weight boots |
| ➤ Trekking Poles         | 1 pair | Collapsible preferred                        |

**All group gear and food (1<sup>st</sup> aid, cooking, shelter etc.) will be provided by WSC**