

Western's Year of Sustainability (YoS) will increase the campus sustainability awareness, provide opportunities for all campus entities to participate in the events, reduce waste and increase resource efficiency.

For more information on how you can participate, please contact the YoS coordinators, Kirky Olsen at kirsten.olsen@western.edu or Ryan Kelly ryan.kelly@western.edu

15 Tips for Living Sustainably *Without being a "Tree hugger"*

1. Ride your bike around town
2. Turn the heat down and wear a sweater. Shut all windows tightly!
3. Put all electronics on a power strip. IMPORTANT- turn off power strip at night
4. Turn off your lights
5. Bring your own bags/ backpack to the grocery store
6. Use non-toxic cleaners. You can even make your own.
7. Limit long, hot showers to limit energy use.
8. ALWAYS use a reusable water bottle, reuse school supplies, rechargeable batteries and use double sided printing.
9. Shop local. Shop second hand. Shop durability
10. Get outside!
11. Use bus or car pool
12. Recycle properly- No caps or contents in bottle
13. Contribute to community gardens
14. Give away unwanted belongings rather than throwing them out.
15. Wash clothes in cold water, use a drying rack.