Extended Studies
Spring 2015 Course Offerings

Register online at western.edu/es
Call: 970.943.2885  Fax: 970.943.7068
Email: extendedstudies@western.edu
Register NOW! Many classes fill quickly. Classes may be canceled if minimum enrollment is not met at least three working days before class begins. Register as soon as possible to assure a place in the course(s) you want because they fill up quickly. Registration is recommended for no later than four working days before class. Sorry, no registrations are accepted at classes.

Ways to register:
Online at western.edu/extendedstudies
Complete a registration form and bring it in to our office
Call 970.943.2885
Fax 970.943.7068
Email extendedstudies@western.edu
Mail to: Extended Studies
303 Taylor Hall
Gunnison, CO 81231

Ways to pay:
Cash
Credit Card, Visa, Discover, or MasterCard. (Must call cashier) 970.943.3003
Check or money order
Financial Aid (Credit classes for Western students)

Registration Confirmations
Extended Studies staff will send out email confirmations as reminders of class dates and times. Participants will be notified if there are changes, such as location, time, date, or instructor. If classes are cancelled, notification will be made as soon as possible.

Registration and Payment Information
Payment for classes is due with registration. Check or cash payments are accepted with registration. Please call the cashier’s office 970.943.3003 to make a payment with a Visa, MasterCard, or Discover card.

Senior Discount
Seniors, ages 62 and older, can register for Extended Studies’ non-credit courses at half price. This discount will be applied at the time of registration and may not be combined with any other discounts. Course fees payable to another agency, materials fees, or courses which involve travel do not qualify for discounts. Western Extended Studies is a part of the Colorado Statewide Extended Campus. State funds were not used to produce this document.

Continuing Education Units (CEUs)
The Continuing Education Unit (CEU) is a nationally recognized method of quantifying the time spent in the classroom during professional development and training activities. Ten hours of instruction = 1.0 CEU. One hour of instruction = 0.1 CEU. CEUs appear on your Western State Colorado University transcript; however, they are not college credits and do not fulfill degree requirements.

Graduate Credit
Some classes are offered for graduate credit (510 level). Students must have a bachelor’s degree to register for graduate credit courses.

Prerequisites
Prerequisites for some classes listed in this brochure are mentioned in the course descriptions. Students who enroll in graduate credit must be within 12 hours of receiving their undergraduate degree or must already have graduated.

Transcript Information
Transcripts for credit courses can be obtained by visiting western.edu/transcripts or calling 970.943.7003.

Undergraduate Credit
Undergraduate credit classes offered through Extended Studies are based on semester credits and have the same academic expectations, including class time, as those offered through resident instruction.

General Information

Cancellations
Extended Studies reserves the right to cancel classes and to make changes when warranted. Participants will be notified if classes are cancelled and will receive a full refund. Checks that are returned for non-payment are assessed a $17 service charge.

Drop a Course
Drops from a course result in a refund if they occur during the time frames specified. The effective drop date is the business day Extended Studies staff receives your request. Non-attendance or non-payment does not constitute a drop. Full refunds are not given after that last day to drop.

Evaluations
Students have an opportunity to evaluate class content and their instructor at the conclusion of the class. Input from students is important, as it helps improve future classes. Evaluations are anonymous.
Immunization Requirement
Students attending Extended Studies classes are not required to be immunized or sign an immunization waiver.

Liability Waivers
Classes which present a degree of risk may require a signature on a waiver of liability. Waivers are distributed at the first class meeting and must be signed.

Photograph Policy
Photos of students and instructors in various classes are often taken to promote Western State Colorado University Extended Studies. Such photos are used in Extended Studies schedules of classes, flyers, and other marketing pieces.

Refund Policy for Withdrawals and Dropping a Course
The following information pertains to Western’s Extended Studies policies and procedures that affect enrollment in Extended Studies courses. It is the student’s responsibility to be familiar with these policies, and unless otherwise specified, they apply to all programs and courses.

Scholarships
Colorado’s Statewide Extended Studies Program has provided some funds for tuition scholarships which may be used for either credit or non-credit classes. To apply for a scholarship, contact: Western Extended Studies, 970.943.2885
Only Colorado residents may apply.

Selective Service Information
Males who are 18 years of age or older, born after 1960, and who are not permanent residents of the Trust Territory of the Pacific Islands or the Northern Mariana Islands MUST be registered with the Selective Service to comply with Colorado law and to register for credit classes. Individuals not in compliance are subject to penalty of law and to withholding of transcripts.

Textbook/Materials
Textbooks and materials needed for classes are listed in the course descriptions.
Academic Course Considerations

1. Transcripts. If a student discontinues participation for credit in a course and does not follow the procedure to acquire an official drop/withdrawal, a failing grade will be recorded on the student’s transcript.

2. Financial Aid. All financial aid policies apply to those receiving financial aid. This includes specific federal, state, and college policies regarding refunds and repayments to financial aid programs. Contact Financial Aid at 970.943.3085 for more information.

3. Appeals. An exemption to the drop policy can be requested if a student’s situation was beyond his or her control. Follow the procedures outlined in the Financial Appeal Form and submit to Extended Studies.

Extended Studies Financial Appeal Process
Refunds and drops will be granted based on the policies of Western Extended Studies. Students can request an exemption to these policies. Extended Studies will review requests, and exemptions will be granted only if the situation is beyond the control of the student. Extended Studies staff assumes that students have read and understand the drop policy.

Drop Refund Deadlines:

<table>
<thead>
<tr>
<th>Course Duration</th>
<th>Last Day to Drop</th>
<th>Drop Refund Policy</th>
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<tbody>
<tr>
<td>Classes with 5 or more class meetings</td>
<td>Before first class meeting</td>
<td>100% refund</td>
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<td></td>
<td>Before second class meeting</td>
<td>100% refund less $25 fee</td>
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<td></td>
<td>Before 3rd class meeting</td>
<td>50% refund less $25 fee</td>
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<td></td>
<td></td>
<td>No refund after 3rd class</td>
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<td></td>
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<td>meeting</td>
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<tr>
<td>Weekend courses and courses with 4 or</td>
<td>Two weeks prior to the start date of</td>
<td>Full Refund</td>
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<td>less class meetings</td>
<td>the course</td>
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<td></td>
<td>One week prior to the start date of</td>
<td>No refund unless a wait</td>
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<tr>
<td></td>
<td>the course</td>
<td>listed student is available.</td>
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Withdraw Deadlines:

<table>
<thead>
<tr>
<th>Course Duration</th>
<th>Last Day to Withdraw</th>
<th>Withdraw Refund Policy</th>
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<tr>
<td>5 weeks or less</td>
<td>Before third class meeting</td>
<td>No refunds. Grade of W</td>
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<tr>
<td>6 weeks or more</td>
<td>Before fifth class meeting</td>
<td>recorded</td>
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<tr>
<td>Weekend courses</td>
<td>Day following the conclusion of the</td>
<td>No refunds. Grade of W</td>
</tr>
<tr>
<td></td>
<td>course</td>
<td>recorded</td>
</tr>
<tr>
<td>Math 099 or English 099</td>
<td>Before the 14th class meeting</td>
<td>No refunds. Grade of W</td>
</tr>
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The request must be in the following format:

1. The request should be typed in letter format and addressed to Extended Studies. Only written appeals will be considered. It should be clearly stated whether the request is for a refund and/or drop or withdrawal.

2. The letter should be very thorough, giving specific details. Please include dates and times, especially dates of missed class sessions.

3. If requesting an exemption due to medical reasons, documentation must be provided for this exemption.

4. If requesting an exemption due to work-related reasons, please have your immediate supervisor verify in writing, on letterhead from your department, the reasons for which you are requesting an exemption.

A refund request must be submitted at the time of drop or within 10 calendar days. It is important to submit the request as soon as possible. The amount of the refund is determined by the drop policy.
Registration Form

Name: ___________________________________________ Western ID: ________________

Mailing Address: __________________________________________________________________________

City, State & Zip: ____________________________

Phone Numbers: ________________________________ ________________________________ ________________________________

Home Cell Work (or alternate number)

Email Address: ___________________________________________ Date of Birth ___/___/____

How many credits are you currently enrolled in at Western? ______ (if the Extended Studies courses puts you over 18 credits you must complete an overload form)

Gender: ☐ M ☐ F ☐ U.S. Citizen: ☐ Yes ☐ No ☐ Do you have a bachelor’s degree? ☐ Yes ☐ No

If no, have you taken courses towards a degree at Western? ☐ Yes ☐ No

In order to comply with civil rights laws, Western must attempt to collect race/ethnicity information about our students and employees. We invite you to voluntarily self-identify your race/ethnicity below. Refusal to provide this voluntary information will not subject you to any adverse treatment. This information is confidential and used only in compliance with the law.

1) Do you consider yourself to be of Hispanic/Spanish origin or Latino/Latina regardless of race? ☐ Yes ☐ No

2) In addition, if applicable, select one or more of the following racial categories to describe yourself:

☐ American Indian or Alaska Native  ☐ Asian  ☐ Black or African American

☐ Native Hawaiian or other Pacific Islander  ☐ White

How did you hear about the course(s)? ☐ Mailing ☐ Picked up schedule ☐ Web ☐ Instructor ☐ Friend

☐ Gunnison Country Shopper ☐ Gunnison Country Times ☐ Crested Butte News

Drop Refund Policy (for details on the refund policy consult the Extended Studies schedule booklet)

Courses which meet weekly – Full refund if dropped by first class meeting, no refunds after 3rd class meeting.

Weekend courses – Full refund if dropped 2 weeks prior to start date. Refunds after this point, contingent upon wait-listed students.

Withdrawals – No refunds for withdrawals. See withdrawal deadlines in the schedule booklet.

Payment Options

☐ Check (Payable to Western State Colorado University) ☐ Cash

☐ Credit Card (Visa, MasterCard, or Discover) Western’s cashier’s office will call you. Please list the best time, day, and phone number to reach you between 8:00AM – 5:00PM, Monday-Friday.

LIST THE COURSES YOU WISH TO EnROLL IN:

<table>
<thead>
<tr>
<th>CRN</th>
<th>Course Title</th>
<th>Fee</th>
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<th>Initial</th>
<th>Receipt #</th>
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Total Fee

Extended Studies  Spring 2015  Course Offerings
**Art**

**ABSTRACT SERIES IN ACRYLIC**  
Ivy Walker  
38047, NON CREDIT, $55 + $20 Materials Fee  
Date: 4/25/2015  
Day: Saturday  
Time: 9:00AM – 1:00PM  
Location: The Art Studio of Center for the Arts, 111 Elk Avenue, Crested Butte  

In this class, students learn about and experiment with abstraction and non-representational imagery. Drawing mediums are used to playfully explore shape, form, color and composition. Students also view and study work of famous abstract artists for inspiration. Finally, using acrylic paints and mediums, each student completes a fun and surprising abstract series on three 6x6 cradled canvas panels that are ready to hang.

**BATIK: THE ART OF USING WAX RESISTS AND DYES ON FABRIC AND PAPER**  
Gail Sovick  
38048, NON CREDIT, $110 + $35 Materials Fee  
Date: 1/26/2015 – 3/9/2015  
(no class 2/16/15)  
Day: Monday  
Time: 6:00PM – 8:30PM  
Location: Gunnison Arts Center, 102 S. Main Street, Gunnison  

Don’t miss this unique opportunity to engage in an ancient art form utilizing wax resists and colorful dyes on fabric and paper. Use simple drawing techniques, templates and handmade and found texture stamps to create your designs, then travel through the process of applying the resist and dyeing your fabrics and papers. Leave with several unique creations to use as home décor, to include in a collage or sewing project, or give as a gift. No art experience is needed to be successful and have fun with this organic and exciting art form.

**HOW TO PAINT A PORTRAIT**  
Megan Craver  
38049, NON CREDIT, $130 + $35 Materials Fee  
Date: 1/12/2015 – 3/9/2015  
(no class 2/16/15)  
Day: Monday  
Time: 6:00PM – 8:00PM  
Location: The Art Studio of the Center for the Arts, 111 Elk Avenue, Crested Butte  

Get creative with this fun, hands-on portrait painting class! No experience necessary. Megan Craver teaches the process of painting portraits, starting with the fundamentals. Come to class and enjoy an array of instrumental music while learning to draw the structure of the human face and how to blend paints to get the perfect tone. At the end of this course students walk away with the knowledge of how to arrange a composition, mix color, shade and highlight, convey depth, and render the human form – all the skills needed to continue painting independently. Paints, paper, canvas, brushes, palates, palate knives, charcoal and pencils are included in the materials fee, but students may bring their own additional supplies.

**EXPLORING COLORED PENCIL**  
Laura Elm  
38050, NON CREDIT, $75 + $20 Materials Fee  
Date: 3/5/2015 – 4/2/2015  
(no class 3/26/2015)  
Day: Thursday  
Time: 5:15PM – 7:15PM  
Location: The Art Studio of the Center for the Arts, 111 Elk Avenue, Crested Butte  

Learn techniques for building depth of color with this wonderful and intense dry media. Colored pencil drawing or “painting” is a great method to achieve color and depth and it’s easy to pack when traveling! Using Prismacolor colored pencils and high quality papers, learn straightforward techniques to make artwork come alive with kaleidoscopic color. Laura Elm shows how to shade, blend and highlight with color pencil for any subject matter or style.

**Biology**

**BASIC BIRDING**  
Jeffrey J. Ewert  
38052, CEU 1, $80  
38051, NON CREDIT, $80  
Date: 4/4/2015 – 4/25/2015  
Day: Saturday  
Time: 10:00AM – 12:00PM, including field trips  
Location: Taylor 100  
Required equipment: Binoculars and birding guide  
(contact instructor at  
ertdad@aol.com for information).  

Basic birding enables the new birder to enter the exciting field of birding. This is the first step to starting your life list! Course includes learning to use field guides to identify species in the field and recording sightings in a professional manner. Topics include basic bird anatomy and taxonomy, use of optics, identification clues in the field, identification of song and call, and creation of a Grinellian birding journal. Two classroom presentations with two local field trips are featured to get you started in the exciting world of birding!
COLORADO BIRDS OF PREY
Jeffrey J. Ewert
38054, CEU 1, $80
38053, NON CREDIT, $80
Date: 2/23/2015 – 4/13/2015
   (No class 3/23/2015)
Day: Monday
Time: 7:00PM – 9:00PM
Location: Taylor 100; at least one field trip to be determined.

Students study the anatomy, physiology, morphology, and field identification of major Colorado raptors (Birds of Prey). This includes lectures of key points of major raptor groups: Falcons, Accipiters, Butoes, other occasional species, and some select common owl species. Through both lectures and observations, each student learns to identify raptors, raptor habitat, and niche. Students also learn how to properly record field observations in a field notebook as a part of the class requirements.

EQUINE ENCOUNTERS
Nancy Klifman
38055, NON CREDIT, $80
Date: 3/4/2015 – 4/15/2015
   (No class 3/25/2015)
Day: Wednesday
Time: 5:30PM – 7:00PM
Location: Taylor 229
Textbook: Riding Between the Worlds by Linda Kohanov
          (Better World Books or Amazon)
This introductory level course is for people who would like to know more about Equine Assisted Healing and Learning. Students have the opportunity to explore aspects of the leading edge of human/equine communication and understanding. This class is experiential learning and involves some travel to Eagle River Ranch and interaction with horses.

INTRODUCTION TO HERBALISM AND FORAGING FOR LOCAL PLANTS
Briana Rose Wiles
38056, NON CREDIT, $80 + $20 materials fee
Date: 3/19/2015 – 4/30/2015
   (No class 3/26/2015)
Day: Thursday
Time: 5:00PM – 6:30PM
Location: Taylor 105

Have you ever looked at the plants in the Gunnison Valley and wondered which are edible or could be used for medicine? This class provides the necessary skills to correctly identify some of our local flora for your foraging and wildcrafting endeavors. Learn how to harvest wild plants safely and sustainably. An introduction into western herbalism is provided for a better understanding of using botanicals as medicine.

Business and Professional Development

EXCEL FOR BUSINESS
Chris “Smitty” Smith
38057, NON CREDIT, $225
Date: 2/3/2015 – 3/12/2015
Day: Tuesday, Thursday
Time: 6:30PM – 8:30PM
Location: Taylor 101
Textbook: Excel 2010 Business Basics and Beyond, $20, purchase from instructor

Participants learn to use Microsoft Excel as it applies to business, beginning with concepts of sound spreadsheet design, focusing on efficiency, transparency (ease of maintenance), and automation via VBA (Visual Basic for Applications). The course is intended to detail the design and proper application of formulas and functions, as well as designing self-service BI (Business Intelligence) reporting tools, including Pivot Tables/Charts. This course is taught by one of 12 Microsoft Excel MVPs in the country.

FOUNDATIONS OF INVESTING
Steve Ogden
38058, NON CREDIT, $60
Date: 2/5/2015 – 3/5/2015
Day: Thursday
Time: 6:00PM – 8:30PM
Location: Edward Jones Office, 321 N. Main Street, Gunnison

The most common investments used to meet financial goals – what they are and when to use them – are covered in this course that assists individuals and couples in setting and achieving financial goals. Topics include financial goal setting, asset allocation, the markets, stocks, ETFs, bonds, and mutual funds.

GRANT WRITING
Maryo Ewell
38060, CEU 1, $80
38059, NON CREDIT, $80
Date: 3/3/2015 – 3/19/2015
Day: Tuesday, Thursday
Time: 6:00PM – 8:00PM
Location: Taylor 229

Take the mystery out of grant writing! Students are given what they need to prepare an effective grant proposal for a nonprofit organization in this course. Participants learn how to research funding sources, write a proposal, budget, and understand vocabulary common to grant writing.
Communication

GETTING PAID TO TALK: AN INTRODUCTION TO PROFESSIONAL VOICE-OVERS
Jenny Marcotte
38063, NON CREDIT, $20
Date: 4/29/2015
Day: Wednesday
Time: 6:30PM – 9:00PM
Location: Taylor 100

Have you ever been told that you have a great voice? This exciting class explores numerous aspects of voiceover work for television, film, radio, audio books, documentaries, and the internet. All the basics are covered, including how to prepare the all-important demo, as well as how to be successful and earn great income in this exciting field. Students have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in professional voice acting.

USING MICROSOFT POWERPOINT TO ILLUSTRATE AND CONVEY IDEAS
Crystal Long
38065, NON CREDIT, $90
Date: 2/4/2015 – 4/15/2015
(no class 3/25/2015)
Day: Wednesday
Time: 6:30PM – 8:30PM
Location: Taylor 201

Win approval for ideas, processes, and events using Microsoft PowerPoint. Discover creative and effective ways to convey concepts, inform and teach, and make presentations. Use PowerPoint for slide shows, meeting handouts, graphics, videos, and much more. Each student chooses a topic of interest, applies concepts learned in class, improves the presentation each week, then learns how to deliver an effective, persuasive presentation with more confidence.

USING MICROSOFT WORD TO WRITE BOOKS AND ARTICLES
Crystal Long
38066, NON CREDIT, $90
Date: 2/5/2015 – 4/16/2015
(no class 3/26/2015)
Day: Thursday
Time: 6:30PM – 8:30PM
Location: Taylor 201

Start mastering the most popular word processing program, Microsoft Word. Use Word to write letters, poetry, articles, books, blogs, brochures, newsletters, web pages, and more. Create a document and learn how to get it out there. Use Thesaurus and Spell-Checker, and discover how to get statistics such as the number of characters, words, and pages. Edit, organize, and format documents efficiently, find and replace text, create sections, make headers and footers change automatically with dynamic text, create Table of Contents and indexes, define and use styles, write, print, and find an audience. Students are free to choose their own topics for writing assignments, which can be creative, based on research, or other motivation. Instructor provides constructive criticism on content if desired.
Cooking

COOKING WITH WHOLE FOODS
Rachel Alter
38062, NON CREDIT, $90 + $75 food ingredients fee
Date: 2/19/2015 – 4/16/2015
(no class 3/26/2015)
Day: Thursday
Time: 5:30PM – 6:30PM
Location: TBA

In this course, students learn to explore creative ways to incorporate whole, nutritious ingredients into meals they prepare for themselves, friends, and family. Students learn some basic principles of nutrition: simple ways to avoid processed foods and make decisions that support a healthy lifestyle. Students are presented with recipes and tips during each course, have the opportunity to practice cooking techniques and be guided to formulating their own creative recipes.

INTRODUCTION TO COOKING
Tricia Timney and Victorya Spiller
38123, NON CREDIT, $90 + food ingredients fee payable to instructors
Date: 1/26/2015 - 4/27/2015
Day: Monday
Time: 5:00PM - 7:30PM
Location: TBA
Materials: Apron

Intro to Cooking is a course for anyone interested in learning how to cook both healthier and better food. Many people are held back in the kitchen by cooking only what they know and are afraid to try something new, in turn they never step out of their comfort zone to learn new skills. This class is a safe environment for trying new things, and learning new skills that participants can take home with them and use in their daily life. Also in this class, the relationship between nutrition and cooking is discussed. Many misconceptions about nutrition are clarified, teaching participants how to make their favorite meals even healthier.

Dance

BEGINNING BALLROOM DANCE
Rita Bohn and Bob Wojtko
38067, NON CREDIT, $80
Date: 1/26/2015 – 3/9/2015
Day: Monday
Time: 6:00PM – 7:00PM
Location: West Gym

Whether there’s a wedding, reunion or party in your future be ready for it by learning how to dance. Social dancing is always in style and the social skills that come along with it make you feel better and more confident. Invest six hours in yourself. Learn the basics of these Ballroom dances – Waltz, Swing, Foxtrot – and a skill that is a part of you for your entire life.

BEGINNING COUNTRY/WESTERN DANCE
Rita Bohn and Bob Wojtko
38068, NON CREDIT, $80
Date: 1/26/2015 – 3/9/2015
Day: Monday
Time: 7:30PM – 8:30PM
Location: West Gym

You can be Country Western dancing at your favorite watering holes and at Cattlemen’s Days after investing only six hours of your time – in yourself. Learn the basics of the Two-Step, Country Waltz and Country Swing. This course provides a strong foundation on which you can build your knowledge of steps and moves.

For more information on all Extended Studies Programs
**AMERICAN RED CROSS CPR**
Tami Maciejko  
38069, NON CREDIT, $50  
Date: 2/18/2015  
Day: Wednesday  
Time: 6:30PM – 9:30PM  
Location: Gym 132  
Comments: Price includes ARC card.  
This is American Red Cross CPR for the workplace.  
Practical skill on Resusci Anne and a written test are included. Students receive a certification from the American Red Cross upon completion of both the written test and skill evaluation. No refunds after 2/5/2015.

**AMERICAN RED CROSS FIRST AID**
Tami Maciejko  
38070, NON CREDIT, $50  
Date: 2/25/2015  
Day: Wednesday  
Time: 6:30PM – 9:30PM  
Location: Gym 132  
Prerequisites: Must have valid CPR card.  
Comments: Price includes ARC card.  
This is American Red Cross First Aid for the workplace. If only Adult CPR is needed, participants do not need to complete First Aid. Both written and skill tests are administered. Students receive a certification from the American Red Cross upon completion of both the written test and skill evaluation. No refunds after 2/12/2015.

**CERTIFIED PERSONAL TRAINING**
Ryan Weatherwax  
38071, NON CREDIT, $90  
Date: 3/9/2015 – 5/6/2015  
Day: Wednesday  
Time: 6:30PM – 8:05PM  
Location: Mountaineer Field House, Room 171  
Course designed to prepare students for certification as a certified personal trainer (CPT). Content is aligned with standards for CPT certification from the National Strength and Conditioning Association and the American College of Sports Medicine.

**ISSHIN-RYU KARATE**
Paul Dziekan  
38072, NON CREDIT, $120  
Date: 2/3/2015 – 4/16/2015  
Day: Tuesday, Thursday  
Time: 7:00PM – 8:30PM  
Location: West Gym  
Required Equipment: Mouthguards (all) and groin protectors (men).  
Designed to familiarize students with various aspects of Isshin-Ryu Karate. The main emphasis is on achieving the necessary physical and mental conditioning to successfully execute a variety of basic martial arts techniques and forms (kata). Participants also engage in philosophical/spiritual aspects of the martial arts. This course is designed for students with little to no background in the martial arts. There is equal emphasis on both kicking and punching techniques, with little to no grappling. Students are expected to practice on their own. With this course there will be physical contact between students. No experience required.

**JAI YOGA**
Sherrill Stenson  
38073, NON CREDIT, $120  
Date: 2/17/2015 – 5/7/2015  
Day: Tuesday, Thursday  
Time: 6:45PM – 8:00PM  
Location: Taylor 117  
Jai Yoga is a flow style of class that is active and fun. This style of yoga practice is perfect for the student wishing to gain more flexibility, strength, as well as the wisdom that comes from meditation practice. The class utilizes organic movement, meditation, and relaxation to relieve tightness and tension from the body and mind. The student learns many of the yoga postures and stress reduction techniques.

**LIFEGUARD TRAINING**
Tami Maciejko  
38074, NON CREDIT, $90  
Date: 2/3/2015 – 5/7/2015  
Day: Tuesday, Thursday  
Time: 9:30AM – 10:45AM  
Location: Gym 132  
Provides the individual with the knowledge and skills designed to save one’s own life or the life of another in the event of an emergency, with certification by the American Red Cross.

**NEVER EVER YOGA WORKSHOP**
Leia Morrison  
38075, NON CREDIT, $40  
Date: 4/18/2015  
Day: Saturday  
Time: 11:00PM – 2:00PM  
Location: The Sanctuary Yoga Studio, 513 South Main Street Suite E, Gunnison  
Never Ever Yoga Workshop is for complete beginners or those returning to yoga after a long break. This workshop introduces the fundamentals of body awareness and yoga postures with an emphasis on staying safe and practicing at an appropriate level of effort. This workshop also prepares students to enter beginning yoga classes with confidence. No need to bring anything but your enthusiasm!
PILATES WITH MAT & SMALL APPARATUS  
Kenny Marks  
38076, NON CREDIT, $120  
Date: 1/12/2015 – 2/25/2015  
(no class 1/19/2015 and 2/16/2015)  
Days: Monday, Wednesday  
Time: 5:30PM – 6:30PM  
Location: Taylor 117  
Prerequisites: Participants must be 14 years or older with some Pilates or group fitness class experience, or prior approval by instructor. Review the Pilates Fundamentals and then quickly progress to very challenging exercises utilizing various props and small apparatus to enhance the deep core work inherent to Pilates. Props include Foam Rollers, Thera-bands, Magic Circles, Bosu Balls and CoreFitness Rollers. This is a fast moving, fun-filled class for individuals seeking some variety in their workout routine.

POWER VINYASA YOGA  
Crystal Southall  
38077, NON CREDIT, $120  
Date: 1/27/2015 – 4/16/2015  
(no class 3/24/2015 and 3/26/2015)  
Days: Tuesday, Thursday  
Time: 2:00PM – 3:15PM  
Location: Taylor 117  
A course designed to promote health, alleviate stress, improve skeletal alignment, and increase muscular strength, endurance and flexibility. Each class students learn various postures (asanas) integrated into a cohesive flow set to music. Students gain the ability to fluidly and safely move, or flow, from one posture to the next. Students also learn practical methods for relaxation, breathing, and concentration designed to balance the mind, body and spirit.

SUNRISE VINYASA FLOW YOGA  
Leia Morrison  
38078, NON CREDIT, $120  
Date: 1/12/2015 – 3/12/2015  
(no class 1/19/2015 and 2/16/2015)  
Day: Monday, Wednesday  
Time: 7:00AM – 8:00AM  
Location: The Sanctuary Yoga Studio, 513 S Main Street Suite A, Gunnison  
Materials: Yoga mat required. Please bring your own mat. Yoga mats may be purchased at the studio or rented for $3.00 per class.  
Salute the day with calming energy, stretch the body and wake up the spirit! Leave class feeling refreshed, centered and vibrant for the day. This all-levels yoga flow class emphasizes both a Vinyasa style (yoga sequences connected with the breath) as well as an enduring practice (holding a pose for a longer duration). Students give attention to postural alignment to safely develop strength, endurance, flexibility, balance, and reduce stress. Develop awareness and consciousness in the physical body to help unite body and mind. Class includes asana (physical practice), pranyama (breathing practices), meditation, and deep relaxation. Great for newcomers and experienced yogis alike!

VINYASA YOGA  
Sherrill Stenson  
38122, NON CREDIT, $120  
Date: 2/17/2015 – 5/8/2015  
Day: Tuesday, Thursday  
Time: 5:15PM – 6:30PM  
Location: Taylor 117  
The word Vinyasa means “flow.” In this vigorous style of yoga, students connect asanas (poses) to the breath, the presence of mind from one moment to the next, and incorporate body, mind, and spirit into a dynamic practice. This is a physical and spiritual practice of yoga that helps improve the strength, the flexibility, and the inner peace of the students. No yoga experience required.

YOGA FOR CANCER SURVIVORS  
Leia Morrison  
38079, NON CREDIT, $60  
Date: 1/13/15 – 3/10/15  
Day: Tuesday  
Time: 5:15PM – 6:15PM  
Location: The Sanctuary Yoga Studio, 513 South Main Street Suite E, Gunnison  
Materials: Yoga mat required. Please bring your own mat. Yoga mats may be purchased at the studio or rented for $3.00 per class. Suggested Text: *The Journey Through Cancer: Healing and Transforming the Whole Person*, by Jeremy Geffen  
This class is for those who either have undergone cancer treatment or are currently in active treatment. A gentle group class that involves techniques drawn from yoga, pilates, strength training and relaxation techniques. This class is perfect for those experiencing treatment-related symptoms such as post-surgical pain, limited range of motion, sleep-issues, fatigue, hormonal issues and
digestive problems. All surgical incisions need to be healed and a platelet count of at least 20,000. All are welcome at any phase of treatment as long as they meet the above criteria.

**ZUMBA GOLD LUNCH BREAK**
Karen Immerso  
38080, NON CREDIT, $40

Date: 1/21/2015 – 3/11/2015  
Day: Wednesday  
Time: 12:15PM – 1:00PM  
Location: Mountaineer Field House, Activity Room 1

This Zumba Gold class is a 45 minute dance workout using a fusion of Latin and international music to create a dynamic, exciting, fun and effective exercise opportunity. Zumba Gold is for beginners, active older adults, seniors, or others needing modifications in their exercise routine. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs and arms with dance moves. Join the party and dance yourself into shape.

**SPANISH CONVERSATIONS**
Karen Immerso  
38083, NON CREDIT, $90

Date: 1/26/2015 – 3/30/2015  
Day: Monday  
Time: 7:15PM – 8:30PM  
Location: Taylor 101

This eight session class is for the advanced beginner/intermediate Spanish Language Learners interested in reviewing and expanding their vocabulary, understanding grammatical structures and practicing conversationally with other adults in an active and fun learning environment. The class includes activities, speaking practice and some homework assignments. Opportunities for interaction with native speakers are made available. No text required; hand-outs are used. A dictionary is not required, but helpful: University of Chicago Spanish/English Dictionary available at the Bookworm.
Our Courts provides nonpartisan information programs to further public knowledge and understanding of the state and federal courts in Colorado. Presentations will be by judges and lawyers. This class is offered *pro bono* as a community service. Course cost is for administrative support. Sessions are interactive on the following topics for each date:

### 1/24/2015: State and Federal Courts,
10:00AM – 12:00PM, Charles Barton, district judge (38113)

### 2/21/2015: Life of a Criminal Case,
10:00AM – 11:00AM. Ramsey Lama, attorney (38114)
Life of a Civil Case, 11:00AM – 12:00PM.
Jenna Mazzuca, attorney

### 3/7/2015: Divorce Cases, 10:00AM – 11:00AM,
Ernest Marquez, attorney (38115 )
Lincoln Legacy, 11:00AM – 12:00PM,
Steven Patrick, district judge

### 4/11/2015: Immigration (in English), 10:00AM – 11:00AM,
Katharine Speer, attorney (38116)
Immigration (in Spanish), 11:00AM – 12:00PM, Jennifer Kain-Rios, attorney

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### HISTORY OF THE CRESTED BUTTE AREA
Duane Vandenbusche
38084, NON CREDIT, $100
Date: 1/22/2015 – 4/16/2015
Day: Thursday
Time: 7:00PM – 8:30PM
Location: Crested Butte Community School

A history of Crested Butte and the north end of the valley including Floresta, Irwin, Schofield, Marble, Crystal, Gothic and Pittsburg. Coverage will be given to narrow gauge railroads, gold, silver and coal mining, social history, ranching and prominent people. The class will include slide shows on Skiing, Crested Butte and a video on Crested Butte.

### BEGINNING GUITAR
Jesse Irons
38124, NON CREDIT, $200
Date: 1/28/2015 – 3/11/2015
Day: Wednesday
Time: 5:00PM – 6:00PM
Location: Quigley 211

Materials: *The Guitar Handbook* is highly recommended.
Students must provide their own guitar.

Want to learn to play the Guitar? Designed for beginners only, this class starts with the basics and educates students about the history of the guitar and its diverse styles of music. The class smoothly transitions into learning how to play the guitar. Basic music theory principles are taught and students are shown how to apply them to the guitar. Students also learn how to tune the guitar, play chords and get their hands and fingers comfortable with actual guitar playing. Participants also learn strumming patterns, how to read fake sheets, music tablature, and start playing songs.

### INTERMEDIATE GUITAR
Jesse Irons
38125, NON CREDIT, $200
Date: 1/29/2015 – 3/11/2015
Day: Wednesday
Time: 6:30PM – 7:30PM
Location: Quigley 211

Materials: *The Guitar Handbook* is highly recommended.
Students must provide their own guitar.

Can you play a little guitar? Want to learn more? This class helps students progress in that endeavor. Students learn open position chords, key signatures, strumming patterns, barre chords, hammer-on/pull-offs
and using a capo. The course then focuses on scales, chord structures (root, 3rd, 5th), major and minor as well as extensions (7th, 9th, etc.). Progressions and theory are discussed. Students must have some previous guitar experience.

ELDER WISDOM CIRCLE
Lana S. Leonard
38086, NON CREDIT, $80
Date: 2/4/2015 – 3/11/2015
Day: Wednesday
Time: 1:00PM – 3:30PM
Location: TBA
This group of vibrant elders is dedicated to honing the wisdom it takes to face elderhood with resilience, contentment and a light heart. Participants experience “guided autobiography” life review to strengthen wisdom and discover treasures in simple, life stories to pass on. They have fun discovering their hidden storyteller with professional storyteller Lana Leonard.

INTRODUCTION TO TAROT
Kristal Reisinger
38087, 38088, 38089, NON CREDIT, $20 per session
Date: 2/11/2015, 3/11/2015, 4/15/2015
Day: Wednesday
Time: 2:00PM – 4:00PM
Location: Taylor 105
Required Materials: 1 set of Tarot cards
Awaken your intuition by learning the Tarot! The Tarot can help you access hidden knowledge that you never knew you had. Tarot has a rich history deeply seeded in an ancient and esoteric culture. This course delves into the history and symbolism of the Tarot. Students also gain first-hand experience by doing their very own tarot reading. Three different sessions available. Come learn the Tarot and exercise your sixth sense!

KUNDALINI REIKI
Paulette Hansen
38090, NON CREDIT, $60
Date: 2/5/2015 – 2/19/2015
Day: Thursday
Time: 6:00PM – 8:00PM
Location: Taylor 105
Open your body’s energy healing chakra channels with Kundalini Reiki. Three attunement levels provided with explanations of how to activate for personal healing and how the chakra system works. Level One opens the healing channels for Reiki energy flow thru the crown, heart and hand chakras. Level Two strengthens the Reiki channels and aligns the kundalini “fire” within the body. Level Three further strengthens the chakras and opens the throat, solar plexus, hara and root chakras. The open chakras allow the kundalini “fire” to reach up and out of the crown for a full rising of the kundalini. Kundalini Reiki may be used for self-healing or healing others by hand placement on shoulders with intent to call in Kundalini Reiki for body balance or special purpose such as healing birth trauma. Between classes, students are asked to practice channeling Reiki energy. Certificate provided.

MINDFULNESS MEDITATION
Sherrill Stenson
38092, NON CREDIT, $20
Date: 1/28/2015 – 4/8/2015
Day: Wednesday
Time: 7:00PM – 8:00PM
Location: Main Street Yoga Studio, 320 ½ N Main St, Gunnison
Through a dedicated meditation practice, cultivate awareness and self-acceptance. Begin to recognize the capacity to relax and awaken to the clarity and space that already exist in the mind (Chodron, 2001). Please begin reading the book, The Places that Scare You, by Pema Chodron before you take this class, as it is a continuation of beginning meditation. A link to mindfulness book Five Ways (free) will be sent to enrolled students. This is a traditional practice in meditation. The instructor is doing this course for free, so donations for the instructor are welcome at the class. Course cost is for administrative support.

OVERCOMING?
Paulette Hansen
38091, NON CREDIT, $20
Date: 1/29/2015
Day: Thursday
Time: 6:00PM – 8:00PM
Location: Taylor 105
Stressed? Learn how a free-Internet software, which uses frequency-based biomarkers within the frequencies of your voice, allows you an enlightening peek into your health. Bio-markers identified from a 30-second vocal sound wave are used by software to generate a short personality profile and note correlation chart for emotional and physical balance. A class demo shows you how to use this software to identify your body’s use of eight nutrients identified by a US Army project as common to anxiety and Post-Traumatic Stress Syndromed. A class handout identifies foods helpful for nutrient balance. After class, interested students have the opportunity to record a 30-second vocal sound wave using a special mic for a professional software analysis. The instructor sends your free report via email or regular mail.
SELF DEFENSE SEMINAR  
Rick Martinez  
38093, 38094, NON CREDIT, $40  
Dates:  3/7/2015 or 4/7/2015 – 4/8/2015  
Days: Saturday or Tuesday, Wednesday  
Time:  3/7/2015, 9:00AM – 1:00PM;  
4/7/2015 – 4/8/2015, 6:00PM – 8:00PM  
each evening  
This seminar provides participants with the knowledge and skills to recognize and avoid danger first, and introduces techniques to physically defend themselves with, if necessary. Participants should wear comfortable clothing that will appropriately cover them through dynamic movement (no shorts or tank tops). Participants should not wear jewelry, such as earrings, necklaces, large rings or watches. There is a choice of two dates to register for the Self Defense Seminar.

WOMEN’S CRESTONE YOGA RETREAT  
Leia Morrison and Susan Searle  
38095, NON CREDIT, $250  
Date:  5/15/2015 – 5/17/2015  
Day:  Friday, Saturday, Sunday  
Time:  Depart Friday at 6:00PM – Return Sunday afternoon  
Come explore the sacred spiritual centers of Crestone (the Ashram, Buddhist Meditation Halls, Catholic Carmelite Hermitages, and several others) We also have morning and evening yoga practices suitable for all levels led by yoga teachers Susan Searle (Bija Yoga, Colorado Springs) and Leia Morrison (Owner of the Sanctuary Studio, Gunnison). Accommodations for this retreat are shared (no private rooms). Participants contribute to the meals (pot luck). Fee includes housing, yoga, hot springs soak, and tours of Crestone. Transportation not included.

THE IMPACT OF TRAUMA ON CHILDREN AND BUILDING HEALTHY ATTACHMENT  
Michelle Elias, LPC CAC III  
38111, 1 CEU, $125  
38112, NON CREDIT, $125  
Date:  2/3/2015 – 3/10/2015  
Day:  Tuesday  
Time:  5:00PM – 7:30PM  
Location:  Taylor 105  
Students learn that trauma, neglect and abuse (of all kinds) have serious negative effects on children. They cause abnormal brain organization and function while altering the developing brain in ways that result in emotional, behavioral, cognitive, social and physical problems leading to attachment issues. In this course, students learn about trauma in general, attachment and how to help heal children through certain interventions meant to foster health attachment to overcome trauma.

ADVANCED LEADERSHIP THEORY  
Paul Duba  
38097, NON CREDIT, $80  
Dates:  4/17/2015 – 4/19/2015  
Days:  Friday, Saturday, Sunday  
Time:  4/17/2015, 6:00PM – 8:00PM;  
4/18/2015, 9:00AM – 4:00PM;  
4/19/2015, 9:00AM – 4:00PM  
Location:  Gym 17  
This course is designed to give students further insights and skills into managing groups and clients in the field. Students are involved in all aspects of creating, managing and developing recreational/outdoor educational programs. This class focuses on all areas of permitting, land use evaluation, program development and planning, large scale risk management, facilitation (soft/hard skills), staff training and logistics.

APEX MOUNTAIN SCHOOL  
Dates:  Varies  
Credit available through Western: 1-4 credits depending on Apex Mountain School course. Visit www.apexmountainschool.com for a list of courses. Apex Mountain School is a full service adventure company, located in Vail, Colorado, offering courses in rock and ice climbing, backcountry skiing, mountaineering, wilderness medicine, and avalanche education. For more information on obtaining college credit, visit western.edu/es.
ASTRONOMY FOR OUTDOOR EDUCATORS
Michael J. Zawaski,
38126, NON CREDIT, $80
Date: 4/24/2015 – 4/26-2015
Days: Friday, Saturday, Sunday
Time: 4/25/2015, 7:00PM – 10:00PM;
        4/25/2015, 8:00AM – 10:00PM;
        4/26/2015, 8:00AM – Noon
Location: Gym 17
An experiential weekend intensive to introduce the science of astronomy and the practice of skywatching, and to empower students to begin teaching astronomy basics to others. Begins Friday evening, all day and evening Saturday, and Sunday morning.

AVALANCHE LEVEL I
Irwin Guides
38098,38099,38100,38101, ROE 297, 1 CREDIT, $100 + $350 course fee payable to Irwin Guides
Days: Friday-Sunday
Time: 8:00AM – 5:00PM Daily
Location: Crested Butte
Students must register for the course with Irwin Guides, 970.349.5430. For ROE 297 credit, students must register through the Extended Studies office. Students need backcountry travel set-up and avalanche safety gear for this courses. All equipment is available for rent from Wilderness Pursuits.

AVALANCHE LEVEL II
Irwin Guides
38102,38103,38104, ROE 297, 1 CREDIT, $100 + $500 course fee payable to Irwin Guides
Days: Thursday – Sunday
Time: 8:00AM – 6:00PM Daily
Location: Crested Butte
Students must register for the course with Irwin Guides, 970.349.5430. For ROE 297 credit, students must register through the Extended Studies office. Students need backcountry travel set-up and avalanche safety gear for this courses. All equipment is available for rent from Wilderness Pursuits.

CROSS COUNTRY SKI FOR FUN AND FITNESS
Rebecca Dussault
38105, NON CREDIT, $75 + XC day pass (free for age 17 and under)
Date: 1/10/2015 and 1/31/2015
Day: Saturday
Time: 12:00PM – 3:00PM
Location: Crested Butte
Within this course, students gain the skills to enjoy a lifetime of cross country skiing as taught by local Olympian Rebecca Dussault. As a pro in 6 different sports, she imparts knowledge in such areas as: stability on snow, equipment know-how, how to kick and glide with ease and efficiency, all techniques for different terrain, appropriate attire and sport nutrition and more! In the first lesson, students focus on the basics of traditional classic ski techniques. The second lesson focuses on building confidence in skate skiing skills for all terrain. Participants are expected to come dressed in appropriate layers with all necessary equipment – scales or waxless for classic and skate skis on skate day. Equipment rentals are available in CB Nordic Center. The CB Nordic pass rate for class participants 18 and older to be confirmed. Students must have a minimal amount of skiing experience.

EMT INTERMEDIATE
Erik Forsythe
38140, ESS 397, 4 CREDITS - $300 + $2200 course fee (course fee includes textbook and clinical fees)
Date: 1/13/2015 – 7/2/2015
Day: Tuesdays, Thursdays with some Saturdays
Time: Weekdays, 6:00PM – 10:00PM, Saturdays, 9:00AM – 6:00PM
Location: Gunnison Valley Hospital Education Center
Grading: A – F
Prerequisites: Must be 18 years of age or older prior to the first class session; hold a high school diploma or general education equivalent; hold a HealthCare Provider Level CPR card, which will remain current throughout the entire course; hold a Colorado (or NREMT) EMT certification, which will remain current throughout the entire course; have one year of EMT experience; and be sponsored by an ALS organization and/or by a physician advisor.
Comments: Register and pay course fee online at gvhemseduemti.eventzilla.net. Students desiring Western credit for course must first register online and then register in person at the Extended Studies Office, Taylor Hall 303, after online registration is confirmed and application is accepted by GVH EMS.

INTRODUCTION TO FLY FISHING
Jeffrey J. Ewert
38096, NON CREDIT, $75
Date: 4/7/2015 – 4/28/2015
Day: Tuesday
Time: 6:30PM – 8:30PM
Location: West Gym
Materials: Students should bring their own fly rod and reel, some rods will be made available.
Learn the basic fundamentals of fly fishing including equipment, rods, rod weights, line types, leaders, tippets, flies, and accessories. Learn the value and application of using waders, polarized sunglasses, vests, etc. Learn the use of all this equipment, including an emphasis on casting instruction, application and types of flies & knots, as well as reading waters for trout with emphasis on presentation to enable the student to begin to fly fish.
successfully on local waters. This enables the student to practice the art of fly fishing in some of the West’s best fly fishing waters right here in the Gunnison basin!

INTRODUCTION TO NORDIC SKIING
Justin Barr
38107, NON CREDIT, $60
Date: 1/14/2015 – 2/4/2015
Time: 12:00PM – 1:00PM
Day: Wednesday
Location: Various locations in Gunnison – Campus practice fields, Jorgenson Park, 1 day at Hartman’s.

Justin Barr leads a cross country ski clinic for those who are interested in an introduction to the techniques of skate skiing as well as classical style skiing. First timers are encouraged to participate as beginner skills are offered through drills and games that focus on the basic principles of Nordic skiing. The objective is to have fun while learning a new lifespan recreation; that is, a sport that can be practiced throughout our lives. Participants must have skis, boots and poles (which can be rented from Wilderness Pursuits). Participants should wear warm, layered clothing including hats, gloves, and sunglasses. Participants should also bring a small pack carrying 1-2 liters of water, extra layers, snacks, and sun protection.

NATIONAL OUTDOOR LEADERSHIP SCHOOL (NOLS) AND NOLS WILDERNESS MEDICINE INSTITUTE (WMI)
Dates: Varies
Credit available through Western: 1-12 credits depending upon trip length
Visit nols.edu for a list of courses. NOLS takes students of all ages on remote wilderness expeditions and teaches technical outdoor skills, leadership, and environmental ethics. Western State Colorado University works with NOLS to offer college credit for many of their courses. Students must register for their course with NOLS and for college credit through Western Extended Studies. For more information on obtaining college credit, visit western.edu/extendedstudies.

OUTWARD BOUND
Dates: Varies
ROE 397 CREDIT available through Western Extended Studies: 1-12 credits depending upon trip length.
Visit outwardbound.org for a list of outdoor leadership courses for youth through adults that create leaders through adventure and challenge. Western State Colorado University works with Outward Bound to offer college credit for many of their courses. Students must register for their course with Outward Bound and for college credit through Western Extended Studies. For more information on obtaining college credit, visit western.edu/extendedstudies.

PADI SCUBA CLASS
Donna Sloan-Adams
38106, NON CREDIT, $250 + Manual fee $40
Days: Friday, Saturday, Sunday
Time: Friday evening, 6:00PM – 8:00PM – paperwork and orientation. Classroom session, Saturday morning 8:30AM – 12:00PM; pool session in the afternoon 1:30PM – 5:30PM. Sunday, pool session from 8:30AM – 12:30PM, classroom from 1:30PM – approximately 5:00PM for follow up.
Location: GYM 132 and GYM 17

Required Materials: Students must obtain the PADI Manual from Extended Studies at least two weeks prior to class. Participants are required to read the manual and answer the knowledge reviews behind each chapter in writing. This must be completed prior to the class beginning. Students must also fill out a medical form and if they answer yes to any questions will need a doctor’s note before starting the class. Snorkels, mask, and fins can be rented for $20. Please note that this is not a certification course. To become certified, students need to do Open Water dives after this course. Additional fees apply.

PRACTICAL PROTOCOLS FOR ASPIRING SNOW PROFESSIONALS/STEEP LIFE WORKSHOP
Dean Cummings (H20 Guides), Reggie Crist (First Ascent) & Aaron Brill (Silverton Mountain Guides)
$225, 2-day workshop; $525, 3-day workshop including Helicopter Operations Day
Dates: 1/24/2015 – 1/25/2015 and optional 1/26/2015
Days: Saturday, Sunday, Monday
Time: 8:00AM – 5:00PM
Location: Silverton Mountain

This course is a protocol training designed for ski/snowboard guides and patrollers and emphasizes engaging all the senses during observational assessment techniques to teach guides/patrollers to collect information and clues from changing surroundings. Students gain a better understanding of how to read mountains, learn to skillfully recognize hazards, and develop a thought process for working larger lines in steeper terrain. Participants should have an existing Level 2 Avalanche or equivalent, professional patrol or ski/board guiding experience, or be an aspiring professional with industry experience. Credit option pending approval. For detailed information about the course and to register, please contact 970.387.5706 or info@silvertonmountain.com.
WILDERNESS FIRST RESPONDER
WMI of NOLS
38108, ROE 397, 3 credits, $165 + plus course fee
Date: 3/21/2015 – 3/29/2015
Time: 8:00AM – 5:00PM
Location: Gym 17
Prerequisites: Minimum age 18 years old.
Grading: A-F
Comments: Students must register with WMI of NOLS, as well as through the Extended Studies office. Register online at nols.edu/wmi, prior to registering for credit with Extended Studies. An email confirmation of your registration will be sent from WMI of NOLS.

WILDERNESS FIRST RESPONDER RECERTIFICATION
WMI of NOLS
38109, ROE 397, 1 credit, $55 + plus course fee
Time: 8:00AM – 5:00PM
Location: Taylor 117
Prerequisites: Minimum age 18 years old.
Grading: A-F
Comments: Students must register with WMI of NOLS, as well as through the Extended Studies office. Register online at nols.edu/wmi, prior to registering for credit with Extended Studies. An email confirmation of your registration will be sent from WMI of NOLS.

ART AND CULTURE OF OAXACA, MEXICO
Heather Orr
14595, ART 397, 1 credit, no prerequisites, $125 (plus full cost of course)
14600, NON CREDIT, full cost of course
Date: 5/11/2015 – 5/19/2015
Cost of Course: $1,450 - $1,650 (depending on lodging)
includes accommodations, meals, designated excursions, airport transfers.
The Valley of Oaxaca is world famous for its rich artistic traditions, indigenous culture, and ancient history. This course considers the art and culture of Oaxaca, from antiquity to present, through class lectures, field trips, cultural workshops, gallery and museum tours, and other exciting activities. Class lectures and discussions are held in the beautiful Instituto Cultural de Oaxaca. Course may be taken for credit or not for credit. Contact western.edu/es for registration information.

AVANTE-GARDE FILM MAKING & CONTEMPORARY EUROPEAN CULTURAL STUDIES
Jack Lucido and Claudia Tomany
14594, COM 397, 3 credits, no prerequisites, $375 (plus full cost of course)
14599, NON CREDIT, full cost of course
Date: 5/27/2015 – 7/02/2015
Cost of Course: $3,500 – includes accommodations, meals, designated excursions, airport transfers.
This course involves travel to the coastal cities on the North Sea in Western Europe, where contemporary culture will be experienced by immersion. Short experimental films will be produced individually or in groups. Does not conflict with Maymester or July sessions. Course may be taken for credit or not for credit. Contact western.edu/es for registration information.

CITY AS TEXT: PRAGUE
Shelley Read
14591, HRNS 397, 3 credits, $375 (plus full cost of course)
14597, NON CREDIT, full cost of course
Date: 5/11/2015 – 5/29/2015
Cost of Course: TBD – includes accommodations, designated excursions, airport transfers.
Explore Prague, the Golden City! This course begins with four classroom meetings learning about Prague’s rich social, political, and literary history. Then the class moves to Prague itself for nearly two weeks of tours, lectures, readings, and first-hand discovery in one of the world's most fascinating cities. Wander Prague’s winding streets admiring over a thousand years of original architecture;
stand in Wenseclas Square imagining the passionate political upheavals of 1848, 1918, 1968, and 1989; cross the famous 14th century Charles Bridge for a guided tour of the world’s largest ancient castle; study Kafka, Kundera, Havel and other Czech writers then trace their steps throughout the city. This trip is also filled with the quirky and unexpected, as only Prague delivers, as well as two opportunities for optional day trips to nearby towns and historical sites. Course may be taken for credit or not for credit. Contact western.edu/es for registration information.

ECOLOGY OF THE GREATER YELLOWSTONE ECOSYSTEM
Anna Peterson
14582, BIOL 120, 3 credits, no prerequisites, $375 (plus full cost of course)
14581, NON CREDIT, full cost of course
Date: 5/11/2015 – 5/29/2015
Cost of Course: $2,025 – includes accommodations, meals, designated excursions and transportation.

Have you ever watched wolves greet each other after a night of hunting? A mother grizzly bear nuzzle her cubs? Baby bison play? Predation in action? These are just a few possible observations during May in the Greater Yellowstone Ecosystem (GYE). In this course, students explore the ecology of the GYE through total immersion in the most intact ecosystem of the lower 48 states. Topics include geology of the GYE, Yellowstone wolf reintroduction, social-ecological system dynamics, effects of climate change, and current ecological research and management of the GYE. Course may be taken for credit or not for credit. Contact western.edu/es for registration information.

MAYA ARCHAEOLOGY FIELD SCHOOL IN BELIZE
David M. Hyde
14592, ANTH 197, 4 credits, no prerequisites, $400 (plus full cost of course)
14593, ANTH 469, 4 credits, must have completed ANTH 107, $400 (plus full cost of course)
14598, NON CREDIT, full cost of course
Date: 5/21/2015 – 6/18/2015
Cost of Course: $2,600 – includes accommodations, meals, designated excursions, airport transfers.

This is a 4 credit-hour course designed to introduce students to the methods used to collect and analyze archaeological data in a hands-on field setting. The course takes place over the span of 4 weeks at a remote archaeological field camp in Belize, Central America. Students receive instruction in archaeological excavations, plan mapping/profiling excavation units, and basic field laboratory procedures. In addition, students have the opportunity to learn a great deal about the Prehispanic Maya through lectures and field trips. Course may be taken for credit or not for credit. Contact western.edu/es for registration information.

NEPAL TREKKING AND MOUNTAINEERING
Zack Treisman
14588, ROE 397; 14589, ENV 397 for 3 credits OR 14590, GEOL 197 for 1 credit, $125 per credit (plus full cost of course)
14596, NON CREDIT, full cost of course
Date: 5/11/2015 – 6/1/2015
Cost of Course: $3425 – includes airfare to Kathmandu and tips for guides, Sherpas and porters.

Join Chhiring Dorje Sherpa, hero of the 2008 K2 expedition and one of only six recipients of the Tenzing Norgay Awards from the Explorers Club since the award’s creation in 1987, on a trek through the Everest region of Eastern Nepal and an attempt on Lobuche Peak (6,119 meters / 20,075 feet). The trek will visit villages and monasteries, pass through Everest base camp, and spend a full two weeks among the highest mountains in the world. The climb is technical, but does not require expert mountaineering skills. Credit is available in Recreation and Outdoor Education, Environmental Studies, or Geology. Cost is $3425 + airfare to Kathmandu and tips for guides, Sherpas and porters. Course may be taken for credit or not for credit. Contact western.edu/es for registration information.

SAN JUAN MINING CAMPS: A HISTORICAL TOUR
Duane Vandenbushe and Bruce Bartleson
14601, NON CREDIT, full cost of course
Date: 6/22/2015 – 6/26/2015
Cost of Course: $740 – includes travel, lodging, ticket on the Durango-Silverton Railroad and all tours and museums.

A breathtaking tour of the great San Juan mining country with emphasis on Lake City, Silverton, Ouray, Telluride, and Durango. Visit and learn about one of Colorado’s most storied mining regions. Ride on the famous Durango-Silverton narrow gauge railroad, tour the Bachelor-Syracuse mine, and stay at some of the most famous historic hotels in Colorado. Travel over Red Mountain, Owl Creek, Slumgullion, and Ophir Passes, and visit several historic mining museums. The mining frontier, narrow gauge railroads, geography, unique Victorian architecture, geology, and social history is emphasized.
Summer Teacher Institute

June 8 – 20, 2015

A professional development program for K-12 educators offering graduate credit courses.

Located in beautiful Gunnison, Colorado, the Summer Teacher Institute is an ideal retreat for teachers with a natural laboratory for many courses.

The Summer Teacher Institute offers a variety of content courses designed specifically for K-12 educators who want to enrich their existing curricula. Intensive seminars with qualified instructors immerse participants in their subjects. Opportunities include hands-on, individualized activities, instructional enhancements, and outdoor classrooms. This is a program not to be missed.

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