

LAST NAME:

FIRST NAME:

STUDENT ID NUMBER:

**2009-10
EXERCISE AND SPORT SCIENCE
MAJOR
SPORT AND FITNESS MANAGEMENT EMPHASIS
(MINIMUM 46 CREDITS)**

INSTRUCTIONS:

- Use this form for tracking progress in your Major Program area. *(There is a separate form for tracking your progress with the General Education Requirements.)*
- A DEGREE AUDIT IS REQUIRED. Your advisor must send completed copies of the Major Program Evaluation Form and the General Education Evaluation Form to the Registrar's Office:
 - no earlier than the end of your junior year.
 - no later than mid-term of your second-to-last term.
 Not doing so within this time frame may delay your graduation.

Reminder: You must complete an Application for Graduation in the Registrar's Office no later than the second week of the term you intend to graduate.

I. STUDENT INFORMATION

Name (Printed): _____
 Student ID Number: _____
 Anticipated Graduation (Term/Year): _____
 Local Address: _____

 Local Phone Number: _____
 Date Form Given To Advisor: _____
 Signature: _____

II. ADVISOR INFORMATION

Name (Printed): _____
 Signature: *_____

*I have checked the requirements for the major against the student's transcript and verified all substitutions

III. ADMISSION TO THE PROGRAM

All students who wish to major in Exercise and Sport Science must be formally admitted to the program. For admission, a student must have:
 1) completed ESS 181 and 185 with a minimum grade of C;
 2) completed at least 12 hours of college credit;
 3) submitted a letter of application and portfolio (guidelines available in Department).

DATE ACCEPTED INTO PROGRAM: _____

IV. EXERCISE AND SPORT SCIENCE NUCLEUS (15 CR)

NUMBER	TITLE	GRADE/CREDITS
ESS 181	Foundations of ESS	/ 3
ESS 185	Lifetime Wellness	/ 3
ESS 320	Psych. of Sport & Phys. Activity	/ 3
ESS 490	Sociology of Sport & Phys. Activ.	/ 3
ESS 495	Senior Seminar in ESS	/ 3
SUB TOTAL		15

V. EMPHASIS COURSES (28 CR)

NUMBER	TITLE	GRADE/CREDITS
ACC 201	Intro to Financial Accounting	/ 3
ACC 202	Intro to Managerial Accounting	/ 3
ECON 202	Microeconomics	/ 3
ESS 282	Principles of Sport & Fitness Mgmt.	/ 3
ESS 385	Program Design for Phys. Activity	/ 3
ESS 405	Practicum in ESS	/ 1
ESS 450	Risk Mgmt. in Phys. Activ. Settings	/ 3
MATH 140	Algebraic Functions	/ 3
OLRM 333	Recreation and Sport Marketing	/ 3

Choose one of the following:

ESS 382	Sport & Fitness Facility Mgmt.	/
OLRM 466	Facilities Management	/

Choose one of the following:

BUAD 220	Computer Appl in Business	/
CIS 120	Info Management & Analysis	/

SUB TOTAL 31
MAJOR TOTAL 46

COMPLETION OF FIRST AID/EMERGENCY RESPONSE*
 (AMERICAN RED CROSS)

YES NO

*MAY BE FULFILLED WITH COMPLETION OF ESS 276

VI. MINOR (REQUIRED) MINIMUM 18 CR

TITLE: _____

NUMBER	TITLE	GRADE/CREDITS
_____	_____	/
_____	_____	/
_____	_____	/
_____	_____	/
_____	_____	/
_____	_____	/
_____	_____	/
_____	_____	/
_____	_____	/
_____	_____	/
MINOR TOTAL		_____

VII. SECOND MAJOR (OPTIONAL) MIN. 30 CR

(See other Major Program Evaluation Form)

TITLE: _____

VIII. SECOND MINOR (OPTIONAL) MIN. 18 CR

List courses on the reverse side of the form. See catalog for list of minor requirements.

TITLE: _____

40 Upper-Division Credits Required (Min.)
 (300- and 400-Level Courses)

TOTAL _____

120 Total Credits Required (Min.)

TOTAL _____