

LAST NAME: _____

FIRST NAME: _____

STUDENT ID NUMBER: _____

**2009-10
EXERCISE AND SPORT SCIENCE
COMPREHENSIVE MAJOR
K-12 PHYSICAL EDUCATION EMPHASIS
(MINIMUM 49 CREDITS)**

INSTRUCTIONS:

1. Use this form for tracking progress in your Major Program area. *(There is a separate form for tracking your progress with the General Education Requirements.)*
2. A DEGREE AUDIT IS REQUIRED. Your advisor must send completed copies of the Major Program Evaluation Form and the General Education Evaluation Form to the Registrar's Office:
 - no earlier than the end of your junior year.
 - no later than mid-term of your second-to-last term.
 Not doing so within this time frame may delay your graduation.

Reminder: You must complete an Application for Graduation in the Registrar's Office no later than the second week of the term you intend to graduate.

I. STUDENT INFORMATION

Name (Printed): _____
 Student ID Number: _____
 Anticipated Graduation (Term/Year): _____
 Local Address: _____

 Local Phone Number: _____
 Date Form Given To Advisor: _____
 Signature: _____

II. ADVISOR INFORMATION

Name (Printed): _____
 Signature: * _____

*I have checked the requirements for the major against the student's transcript and verified all substitutions

III. ADMISSION TO THE PROGRAM

All students who wish to major in Exercise and Sport Science must be formally admitted to the program. For admission, a student must have:
 1) completed ESS 181 and 185 with a minimum grade of C;
 2) completed at least 12 hours of college credit;
 3) submitted a letter of application and portfolio (guidelines available in Department).

DATE ACCEPTED INTO PROGRAM: _____

**IV. EXERCISE AND SPORT SCIENCE NUCLEUS
(MINIMUM 15 CREDITS)**

NUMBER	TITLE	GRADE/CREDITS
ESS 181	Foundations of ESS	____ / 3
ESS 185	Lifetime Wellness	____ / 3
ESS 320	Psych. of Sport & Phys. Activity	____ / 3
ESS 490	Sociology of Sport & Phys. Activ.	____ / 3

Choose a Capstone Requirement:

Note: if you plan on completing teacher licensure, use student teaching as your capstone requirement instead of ESS 495

ESS 495	Senior Seminar in ESS	____ / ____
Or:		
EDUC 409	Secondary Student Teaching:	____ / ____
MINIMUM SUB TOTAL		15

V. EMPHASIS COURSES (MINIMUM 34 Cr)

NUMBER	TITLE	GRADE/CREDITS
ESS 201	Essntls. Human Anat& Phys. w/Lab	____ / 4
ESS 275	Motor Development & Learning	____ / 3
ESS 280	Biomechanics	____ / 3
ESS 290	Curriculum Dev.& Learnng. Envnmnt	____ / 3
ESS 295	Teaching Wellness thru Phys. Activ.	____ / 2
ESS 330	Exercise Physiology	____ / 3
ESS 331	Exercise Physiology Lab	____ / 1
ESS 350	Instructional Assess./Physical Ed.	____ / 3
ESS 363	Adapted Physical Activity	____ / 3
ESS 392	Methods of Secondary Activities	____ / 3
ESS 395	Methods of Elementary Activities	____ / 3
ESS 396	Methods of Leisure Activities	____ / 3

**SUB TOTAL 34
MAJOR TOTAL 49**

COMPLETION OF FIRST AID/EMERGENCY RESPONSE*
(AMERICAN RED CROSS)

YES NO

*MAY BE FULFILLED WITH COMPLETION OF ESS 276

NOTE: THOSE STUDENTS SEEKING STATE LICENSURE MUST FULFILL ALL THE REQUIREMENTS FOR K-12 LICENSURE ON THE FOLLOWING PAGE, INCLUDING STUDENT TEACHING.

IF YOU ARE NOT SEEKING LICENSURE, YOU CAN SUBSTITUTE ESS 495 FOR YOUR CAPSTONE REQUIREMENT

40 Upper-Division Credits Required (Min.)
(300- and 400-Level Courses)

TOTAL _____

120 Total Credits Required (Min.)

TOTAL _____

TEACHER LICENSURE REQUIREMENTS ATTACHED

**2009-10
K-12 LICENSURE**

Teacher Education Admissions Requirements:

- Complete EDUC 000: Education Gateway Course
- Complete EDUC 340: Brain Based Learning Motivation & Achievement
- Admission Career Counseling
- Fingerprint Check
- Take and Pass the Praxis I test
- Demonstrate Proficiency in Technology Competencies
- Complete Pre-Program Survey
- Candidate must complete all coursework required within the academic major prior to beginning the year of education coursework and complementary internship (or have documented content and education advisor permission).
- A "C-" or better in EDUC 340 and All Coursework required for the Major
- An Overall GPA of 2.75 or greater
- Take and Pass Appropriate State Licensure Exam (PLACE or Praxis II)

VI. LICENSURE REQUIREMENTS: (27 CREDITS)

NUMBER	TITLE	GRADE/CREDITS
EDUC 000	Ed Gateway Course, (on campus)	/ 0
EDUC 340	Brain Based Learning Motivation & Achievement	/ 3
EDUC 403	Instruction and Assessment in the Content Area	/ 3
EDUC 404	Creating Positive Learning Environments	/ 3
EDUC 405	Data Driven Instructional Practices	/ 3
EDUC 406	Content Area Literacy	/ 3
EDUC 407	Technology Integration for Student Growth	/ 3
EDUC 408	Teaching with the Brain in Mind	/ 3
EDUC 410	K-12 Student Teaching:	/ 6
LICENSURE SUBTOTAL		<u>27</u>

TEP Advisor signature: _____
(Teacher Education Program Advisor)

Printed name: _____