

LAST NAME:

FIRST NAME:

STUDENT ID NUMBER:

**2007-08  
EXERCISE AND SPORT SCIENCE  
COMPREHENSIVE MAJOR  
K-12 PHYSICAL EDUCATION EMPHASIS  
(MINIMUM 49 CREDITS)**

**INSTRUCTIONS:**

1. Use this form for tracking progress in your Major Program area. *(There is a separate form for tracking your progress with the General Education Requirements.)*
2. A DEGREE AUDIT IS REQUIRED. Your advisor must send completed copies of the Major Program Evaluation Form and the General Education Evaluation Form to the Registrar's Office:
  - no earlier than the end of your junior year.
  - no later than mid-term of your second-to-last term.
 Not doing so within this time frame may delay your graduation.

*Reminder:* You must complete an Application for Graduation in the Registrar's Office no later than the second week of the term you intend to graduate.

**I. STUDENT INFORMATION**

Name (Printed): \_\_\_\_\_  
 Student ID Number: \_\_\_\_\_  
 Anticipated Graduation (Term/Year): \_\_\_\_\_  
 Local Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Local Phone Number: \_\_\_\_\_  
 Date Form Given To Advisor: \_\_\_\_\_  
 Signature: \_\_\_\_\_

**II. ADVISOR INFORMATION**

Name (Printed): \_\_\_\_\_  
 Signature: \* \_\_\_\_\_

\*I have checked the requirements for the major against the student's transcript and verified all substitutions

**III. ADMISSION TO THE PROGRAM**

All students who wish to major in Exercise and Sport Science must be formally admitted to the program. For admission, a student must have:

- 1) completed ESS 181 and 185 with a minimum grade of C;
- 2) completed at least 12 hours of college credit;
- 3) submitted a letter of application and portfolio (guidelines available in Department).

DATE ACCEPTED INTO PROGRAM: \_\_\_\_\_

**IV. EXERCISE AND SPORT SCIENCE NUCLEUS**

(MINIMUM 15 CREDITS)

NUMBER	TITLE	GRADE/CREDITS
ESS 181	Foundations of ESS	____ / 3
ESS 185	Lifetime Wellness	____ / 3
ESS 320	Psych. of Sport & Phys. Activity	____ / 3
ESS 490	Sociology of Sport & Phys. Activ.	____ / 3

**Choose a Capstone Requirement:**

Note: if you plan on completing teacher licensure, use student teaching as your capstone requirement instead of ESS 495

ESS 495	Senior Seminar in ESS	____ / 3
<b>Or:</b>		
EDUC 409	Secondary Student Teaching:	____ / 5
<b>MINIMUM SUB TOTAL</b>		<b>15</b>

**V. EMPHASIS COURSES (MINIMUM 34 CR)**

NUMBER	TITLE	GRADE/CREDITS
ESS 201	Essntls. Human Anat& Phys. w/Lab	____ / 4
ESS 275	Motor Development & Learning	____ / 3
ESS 280	Biomechanics	____ / 3
ESS 290	Curriculum Dev.& Learnng. Envnmnt	____ / 3
ESS 295	Teaching Wellness thru Phys. Activ.	____ / 2
ESS 330	Exercise Physiology	____ / 3
ESS 331	Exercise Physiology Lab	____ / 1
ESS 350	Instructional Assess./Physical Ed.	____ / 3
ESS 363	Adapted Physical Activity	____ / 3
ESS 392	Methods of Secondary Activities	____ / 3
ESS 395	Methods of Elementary Activities	____ / 3
ESS 396	Methods of Leisure Activities	____ / 3
<b>SUB TOTAL</b>		<b>34</b>
<b>MAJOR TOTAL</b>		<b>49</b>

**COMPLETION OF FIRST AID/EMERGENCY  
RESPONSE\***  
(AMERICAN RED CROSS)

YES     NO

\*MAY BE FULFILLED WITH COMPLETION OF ESS 276

**NOTE: THOSE STUDENTS SEEKING STATE LICENSURE MUST FULFILL ALL THE REQUIREMENTS FOR K-12 LICENSURE ON THE FOLLOWING PAGE, INCLUDING STUDENT TEACHING.**

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**IF YOU ARE NOT SEEKING LICENSURE, YOU CAN SUBSTITUTE ESS 495 FOR YOUR CAPSTONE REQUIREMENT**

40 Upper-Division Credits Required (Min.)  
(300- and 400-Level Courses)  
**TOTAL** \_\_\_\_\_

120 Total Credits Required (Min.)  
**TOTAL** \_\_\_\_\_

**TEACHER LICENSURE  
REQUIREMENTS ATTACHED** 

**2007-08**  
**K-12 LICENSURE**

**Teacher Education Admissions Requirements:**

- Complete EDUC 000: Education Gateway Course
- Complete EDUC 340: Brain Based Learning Motivation & Achievement
- Admission Career Counseling
- Fingerprint Check
- Take and Pass the Praxis I test
- Demonstrate Proficiency in Technology Competencies
- Complete Pre-Program Survey
- Candidate must complete all coursework required within the academic major prior to beginning the year of education coursework and complementary internship (or have documented content and education advisor permission).
- A "C-" or better in EDUC 340 and All Coursework required for the Major
- An Overall GPA of 2.75 or greater
- Take and Pass Appropriate State Licensure Exam (PLACE or Praxis II)

**VI. LICENSURE REQUIREMENTS: (27 CREDITS)**

NUMBER	TITLE	GRADE/CREDITS
EDUC 000	Ed Gateway Course, (on campus)	/ 0
EDUC 340	Brain Based Learning Motivation & Achievement	/ 3
EDUC 403	Instruction and Assessment in the Content Area	/ 3
EDUC 404	Creating Positive Learning Environments	/ 3
EDUC 405	Data Driven Instructional Practices	/ 3
EDUC 406	Content Area Literacy	/ 3
EDUC 407	Technology Integration for Student Growth	/ 3
EDUC 408	Teaching with the Brain in Mind	/ 3
EDUC 410	K-12 Student Teaching:	/ 1-6
<b>LICENSURE SUBTOTAL</b>		<b><u>27</u></b>

TEP Advisor signature: \_\_\_\_\_  
(Teacher Education Program Advisor)

Printed name: \_\_\_\_\_