

LAST NAME:

FIRST NAME:

STUDENT ID NUMBER:

**2005-06
EXERCISE AND SPORT SCIENCE
COMPREHENSIVE MAJOR
K-12 PHYSICAL EDUCATION EMPHASIS
(MINIMUM 49 CREDITS)**

INSTRUCTIONS:

- Use this form for tracking progress in your Major Program area. *(There is a separate form for tracking your progress with the General Education Requirements.)*
- A DEGREE AUDIT IS REQUIRED. Your advisor must send completed copies of the Major Program Evaluation Form and the General Education Evaluation Form to the Registrar's Office:
 - no earlier than the end of your junior year.
 - no later than mid-term of your second-to-last term.
 Not doing so within this time frame may delay your graduation.

Reminder: You must complete an Application for the BA in the Registrar's Office no later than the second week of the term you intend to graduate.

I. STUDENT INFORMATION

Name (Printed): _____
 Student ID Number: _____
 Anticipated Graduation (Term/Year): _____
 Local Address: _____

 Local Phone Number: _____
 Date Form Given To Advisor: _____
 Signature: _____

II. ADVISOR INFORMATION

Name (Printed): _____
 Signature: _____

*I have checked the requirements for the major against the student's transcript and verified all substitutions

III. ADMISSION TO THE PROGRAM

All students who wish to major in Exercise and Sport Science must be formally admitted to the program. For admission, a student must have:
 1) completed ESS 181 and 185 with a minimum grade of C;
 2) completed at least 12 hours of college credit;
 3) submitted a letter of application and portfolio (guidelines available in Department).
DATE ACCEPTED INTO PROGRAM: _____

**IV. EXERCISE AND SPORT SCIENCE NUCLEUS
(MINIMUM 15 CREDITS)**

NUMBER	TITLE	GRADE/CREDITS
ESS 181	Foundations of ESS	____ / 3
ESS 185	Lifetime Wellness	____ / 3
ESS 320	Psych. of Sport & Phys. Activity	____ / 3
ESS 490	Sociology of Sport & Phys. Activ.	____ / 3
SUB TOTAL		12

Choose a Capstone Requirement:
 Note: if you plan on completing teacher licensure, use student teaching as your capstone requirement instead of ESS 495

ESS 495	Senior Seminar in ESS*	____ / 3
Or both:		
EDUC 431	Student Teaching: Elementary Specific	____ / 7
EDUC 433	Student Teaching: Secondary Specific	____ / 7
MINIMUM SUB TOTAL		3
MINIMUM MAJOR TOTAL		15

V. EMPHASIS COURSES (MINIMUM 34 CR)

NUMBER	TITLE	GRADE/CREDITS
ESS 201	Essntls. Human Anat& Phys. w/Lab	____ / 4
ESS 275	Motor Development & Learning	____ / 3
ESS 280	Biomechanics	____ / 3
ESS 290	Curriculum Dev.& Learnng. Envnmnt	____ / 3
ESS 295	Teaching Wellness thru Phys. Activ.	____ / 2
ESS 330	Exercise Physiology	____ / 3
ESS 331	Exercise Physiology Lab	____ / 1
ESS 350	Instructional Assess./Physical Ed.	____ / 3
ESS 363	Adapted Physical Activity	____ / 3
ESS 392	Methods of Secondary Activities	____ / 3
ESS 395	Methods of Elementary Activities	____ / 3
ESS 396	Methods of Leisure Activities	____ / 3
SUB TOTAL		34
MAJOR TOTAL		49

(CONTINUED NEXT COLUMN)

COMPLETION OF FIRST AID/EMERGENCY RESPONSE*
 (AMERICAN RED CROSS)

YES NO

COMPLETION OF SWIM COMPETENCY:
 Swim competency may be obtained by one of the following methods:
 ___ Pass a college-sponsored swim test, offered Fall & Spring
 ___ Complete ESS 161 Swimming (Intermediate) 1 cr
 ___ Complete the American Red Cross swim test, Level 6 or +

NOTE: THOSE STUDENTS SEEKING STATE LICENSURE MUST FULFILL ALL THE REQUIREMENTS FOR K-12 LICENSURE BELOW, INCLUDING STUDENT TEACHING.

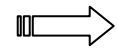
IF YOU ARE NOT SEEKING LICENSURE, YOU CAN SUBSTITUE ESS 495 FOR YOUR CAPSTONE REQUIREMENT

VI. K-12 TEACHER LICENSURE COURSES (33 CR)

NUMBER	TITLE	GRADE/CREDITS
EDUC 105	Intro Educ./Multicultural Society	____ / 2
EDUC 175	Psychological Fndtns. Education	____ / 3
EDUC 293	Inst. Des./Assess Sec. Preserv. Teach	____ / 4
EDUC 300	Intro to Ed. for Diverse Learners	____ / 3
EDUC 371*	Classroom Management/Discipline	____ / 2
EDUC 396*	Field Exp. Elementary Teaching	____ / (1-2)
EDUC 398	Field Exp. Secondary Teaching	____ / (1-2)
EDUC 431	Student Teaching: Elem. (Special)	____ / 7
EDUC 433	Student Teaching: Secondary. (Special)	____ / 7
EDUC 465	Reading in Secondary School	____ / 3
(*EDUC 371 and 396 are corequisites)		
LICENSURE TOTAL		33

40 Upper-Division Credits Required (Min.)
 (300- and 400-Level Courses)
TOTAL _____
 120 Total Credits Required (Min.)
TOTAL _____

TEACHER LICENSURE INFORMATION ATTACHED



LAST NAME:

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STUDENT ID NUMBER:

2005-06
TEACHER LICENSURE INFORMATION

Teacher Education Admissions Requirements:

- EDUC 105 and 175 GPA of at least a 2.5
- Admissions Cumulative GPA of 2.65
- Complete and Write Up of 50 Clock Hours Working with Students
- Fingerprint Check
- Take and Pass Praxis Test I
- Demonstrate Proficiency in Technology Competencies
- Complete Pretest Program Survey

Note: Special endorsements will change the student teaching course requirement. Total number of credit hours for student teaching will remain 14 credit hours. See advisor for details.

OPTIONAL: SPECIAL EDUCATION COURSES
ADDS SPECIAL EDUCATION ENDORSEMENT AGES 5-21 (18 CR)

NUMBER	TITLE	GRADE/CREDITS
EDUC 351	Assmt. and Decision Making (Summer Only)	_____ / _____
EDUC 352	Instructional Technology (Summer Only)	_____ / _____
EDUC 353	Educational Partnership (Fall Only, Internet)	_____ / _____
EDUC 354	Ed. Approaches High Incidence (Fall Only, Internet)	_____ / _____
EDUC 355	Ed. Approaches Low Incidence (Spring Only, Internet)	_____ / _____
EDUC 356	Affective Focus (Spring Only, Internet)	_____ / _____
EDUC 436	Student Teaching Sec/Sp Ed	_____ / _____
LICENSURE SUB TOTAL		_____

OPTIONAL: LINGUISTICALLY DIVERSE EDUCATION COURSES
ADDS LINGUISTICALLY DIVERSE ENDORSEMENT AGES 5-21 (12 CR)

Additional LDE Program Requirements:

- Demonstrate background knowledge in other languages/cultures (e.g. transcript showing foreign language study, documentation of foreign language competency)
- Participate in various aspects of professional development in the area of English language development (e.g., be member of professional organization such as TESOL)

NUMBER	TITLE	GRADE/CREDITS
	Workshops On-Campus, see advisor for schedule	_____ / _____
EDUC 380	Oral Language Development and Pedagogies (Fall Only, Online)	_____ / _____
EDUC 381	Literacy Development and Pedagogies (Fall through Spring, Online)	_____ / _____
EDUC 382	Cross-Cultural Communication, Cultural Practices and Pedagogies (Spring Only, Online)	_____ / _____
LICENSURE SUB TOTAL		_____