

LAST NAME:

FIRST NAME:

STUDENT ID NUMBER:

**2004-05
KINESIOLOGY MAJOR
HEALTH PROMOTION/WELLNESS
EMPHASIS
(MINIMUM 71 CREDITS)**

INSTRUCTIONS:

1. Use this form for tracking progress in the Major Program areas. *(There is a separate form for tracking progress in the General Education areas.)*
2. A DEGREE AUDIT IS REQUIRED. Your advisor must send completed copies of the Major Program Evaluation Form and the General Education Evaluation Form to the Registrar's Office:
 - no earlier than the end of your junior year.
 - no later than mid-term of your second-to-last term.
 Not doing so within this time frame may delay your graduation.

Reminder: You must complete an Application for the BA in the Registrar's Office no later than the second week of the term you intend to graduate.

I. STUDENT INFORMATION

Name (Printed): _____
 Student ID Number: _____
 Anticipated Graduation (Term/Year): _____
 Local Address: _____

 Local Phone Number: _____
 Date Form Given To Advisor: _____
 Signature: _____

II. ADVISOR INFORMATION

Name (Printed): _____
 Signature: _____

III. ADMISSION TO THE PROGRAM

All students who wish to major in Kinesiology must be formally admitted to the program. For admission, a student must have: 1) completed KINS 181 and 185 with a minimum grade of C; 2) completed at least 12 hours of college credit; 3) submitted a letter of application and portfolio (guidelines available in Department).

DATE ACCEPTED INTO PROGRAM: _____

IV. KINESIOLOGY CORE&ACTIVITY COURSES (17 CR)

NUMBER	TITLE	GRADE/CREDITS
KINS 181	Fndtns Kinesiology & Wellness	____/____
KINS 185	Lifetime Wellness	____/____
KINS 280	Anatomical&Biomechanical Kines.	____/____
KINS 330	Exercise Physiology	____/____
KINS 420	Kinesiology Program Management	____/____
<i>Select 2 credits approved activity courses</i>		
_____	_____	____/____
_____	_____	____/____
SUB TOTAL		_____

COMPLETION OF FIRST AID/EMERGENCY RESPONSE

(AMERICAN RED CROSS)

* YES NO

**MAY BE FULFILLED WITH COMPLETION OF KINS 276*

V. EMPHASIS COURSES (54 CR)

NUMBER	TITLE	GRADE/CREDITS
BIOL 372	Human Anatomy & Physiology I	____/____
BIOL 373	Human Anatomy & Physiology II	____/____
BIOL 300	Basic Nutrition	____/____
CHEM 101	Intro to Inorganic Chemistry	____/____
CHEM 105	Intro Organic & Biochemistry	____/____
KINS 298	Fitness Instruction	____/____
KINS 331	Exercise Phys. Seminar & Lab	____/____
KINS 345	Health Promotion Epidemiology	____/____
KINS 385	Health Promotion/Program Design	____/____
KINS 405	Practicum	____/____
KINS 405	Practicum	____/____
KINS 410	Assessment&Exercise Prescription	____/____
KINS 498	Internship	____/____
MATH 140	Algebraic Functions	____/____
PHYS 140	Introductory Physics w/Lab	____/____
SOC 168	American Social Problems	____/____

—REQUIREMENTS CONTINUED NEXT COLUMN—

V. EMPHASIS COURSES (CONTINUED)

NUMBER	TITLE	GRADE/CREDITS
<i>Choose one of the following:</i>		
PSY 345	Biopsychology w/ Lab	____/____
PSY 361	Industrial & Applied Psychology	____/____
PSY 457	Social Psychology	____/____
PSY 468	Abnormal Psychology	____/____
<i>And one of the following:</i>		
BUAD 220	Computer Applications in Bus	____/____
CIS 120	Info Management & Analysis	____/____

SUB TOTAL _____
MAJOR TOTAL _____

VI. MINOR (OPTIONAL) MINIMUM 18 CR

TITLE: _____

NUMBER	TITLE	GRADE/CREDITS
_____	_____	____/____
_____	_____	____/____
_____	_____	____/____
_____	_____	____/____
_____	_____	____/____
_____	_____	____/____
_____	_____	____/____
MINOR TOTAL		_____

VII. SECOND MAJOR (OPTIONAL) MIN. 30 CR

(See other Major Program Evaluation Form)

TITLE: _____

VIII. SECOND MINOR (OPTIONAL) MIN. 18 CR

List courses on reverse side of form

TITLE: _____

40 Upper-Division Credits Required (Min.)
 (300- and 400-Level Courses)
TOTAL _____

120 Total Credits Required (Min.)
TOTAL _____