

**Bachelor of Arts with a Major in Exercise and Sport Science (ESS)
Sport and Fitness Management Major with Minor
Suggested 4-Year Course Sequence***

First Year	Sem. Hrs.
ESS 181	3
ESS 185	3
ESS 276	3
CIS 120 or BUAD 220	3
ENG 102	3 (must meet prerequisites)
MATH 140	3 (must meet prerequisites)
General Education	<u>12</u>
	30

Admission to Major - ESS

Third Semester	Sem. Hrs.	Fourth Semester	Sem. Hrs.
COTH 202	3	ECON 202	3
ESS 282	3	General Education	9
Minor Coursework	3	Minor Coursework	<u>3</u>
General Education	<u>6</u>		15
	15		

Fifth Semester	Sem. Hrs.	Sixth Semester	Sem. Hrs.
OLRM 333	3	ESS 382	3
ESS 320	3	Minor Coursework	6
ESS 385	3	Elective (Upper)	3
ACC 201	3	ACC 202	<u>3</u>
Minor Coursework	<u>3</u>		15
	15		

Seventh Semester	Sem. Hrs.	Eighth Semester	Sem. Hrs.
Electives (Upper)	6	Electives (Upper)	9
ESS 490	3	ESS 495	3
Minor Coursework	3	Electives	<u>2</u>
ESS 405	1		14
ESS 450	<u>3</u>		
	16		

*This sequence is only a suggestion
 Total Hours Required to Graduate = 120
 Total Hours Required for Major = 46
 Total Upper Division Hours Required = 40
 Minimum Hours Required for Minor = 18