

Bachelor of Arts Degree with a Major in Exercise and Sport Science – First Year Courses

Exercise and Sport Science - Standard Major

ESS 181	3
ESS 185	3
ENG 102	3 (must meet prerequisites)
ESS 276	3
MATH	3 (must meet prerequisites)
General Education	<u>15</u>
	30

Sport/Fitness Management Major

ESS 181	3
ESS 185	3
ENG 102	3 (must meet prerequisites)
ESS 276	3
BUAD 220 or CIS 120	3
MATH 140	3 (must meet prerequisites)
General Education	<u>12</u>
	30

K-12 Physical Education Teacher Licensure Major

ESS 181	3
ESS 185	3
ENG 102	3 (must meet prerequisites)
MATH 105	3 (must meet prerequisites)
ESS 276	3
ESS 210-213	1 (choose 1)
General Education	<u>15</u>
	31

Exercise Science Major – Clinical Track

ESS 181	3
ENG 102	3 (must meet prerequisites)
ESS 185	3
MATH 140	3 (must meet prerequisites)
CHEM 111-114	8 (must meet prerequisites)
BIOL 150	4 (must meet prerequisites)
General Education	<u>6</u>
	30

Exercise Science Major – Health Fitness Track

ESS 181	3
ESS 185	3
ENG 102	3 (must meet prerequisites)
ESS 276	3
MATH	3 (must meet prerequisites)
General Education	<u>15</u>
	30